

## Outline

### Behaviors that Make Us Crazy

Tantrums  
Running out/away  
Noncompliance  
Nagging  
Refusing to work/help  
Yelling/screaming  
Bullying  
Panic/anxiety reactions  
Lack of follow through  
Not following directions

### Disorders

Oppositional Defiant Disorder  
ADHD  
Mood disorders  
Anxiety disorders  
Attachment issues/disorder, conduct disorder, autism spectrum disorders

### Assessment

#### The Functions of Behavior

Fear-based (Fight, Flight, Freeze or Submit)  
Escape  
Attention  
Sensory  
Pain  
Control

### Mental Health Disorder or Behavior Problem

The power of skilled observations  
The interview  
Comparison to the group  
The FBA-Incredibly powerful assessment tool  
The art of choosing a diagnosis (if you have to at all!)

### Live Seminar Schedule

**7:30** Registration/Morning Coffee & Tea  
**8:00** Program begins  
**11:50-1:00** Lunch (*on your own*)  
**4:00** Program ends

For locations and maps, go to [www.pesi.com](http://www.pesi.com), find your event, and click on the seminar title. Questions? Call customer service at 800-844-8260.

### Treatment Strategies Part I

#### Proactive

Behavior plans  
Motivational incentives  
Set the stage for success  
Remember the initial goal  
Appropriately address the functions of the behavior

#### Reactive

Corrective measures  
It's like playing chess in a tornado

### Treatment Strategies Part II

#### Specific Strategies for the Following Behavioral Challenges:

Tantrums  
Running out/away  
Noncompliance  
Nagging  
Refusing to work/help  
Yelling/screaming  
Bullying  
Panic/anxiety reactions  
Lack of follow through  
Not following directions

### Treatment Strategies Part III

#### Specific Strategies for the Following Disorders:

ODD  
ADHD  
Mood disorders  
Anxiety disorders  
Working with unsafe behaviors

### Treatment Strategies Part IV

#### Special Populations & Circumstances

Asperger's disorder  
Divorce, separation  
Abuse and neglect  
Parent misbehavior  
Foster care

**Hassle-Free Cancellation Policy:** If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

Counselors • Social Workers • Psychologists • Marriage and Family Therapists • Speech-Language Pathologists • Teachers  
School Guidance Counselors • Case Managers • Nurses • School Administrators • Educational Paraprofessionals  
Occupational Therapists & Occupational Therapy Assistants • Other Helping Professionals that Work with Children

Target Audience



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55696

A Bold New Paradigm  
For Healing Trauma

**BESSEL VAN DER KOLK**  
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P.O. Box 1000  
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# OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN & ADOLESCENTS

Non-medication Approaches to the  
Most Challenging Behaviors

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# OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN & ADOLESCENTS

Non-medication Approaches to the  
Most Challenging Behaviors

- Effective strategies for ODD, ADHD, anxiety, autism, attachment and mood disorders
- Strategies for tantrums, noncompliance, bullying and other challenging behaviors
- Take away specific, strategy-driven techniques
- Improve treatment with better assessment of the look-alike disorders
- Eliminate the BIG 10 behaviors
- Positive alternatives for your most challenging kids

**SANTA FE, NM**  
Monday, August 14, 2017

**ALBUQUERQUE, NM**  
Tuesday, August 15, 2017

**EL PASO, TX**  
Wednesday, August 16, 2017

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Monday, August 14, 2017

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# OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN & ADOLESCENTS

## Non-medication Approaches to the Most Challenging Behaviors

Children and adolescents with ODD, ADHD, Asperger's, anxiety, mood and disruptive disorders provide constant clinical and parenting challenges. Attend this seminar and learn new, effective non-medication strategies for your client's most challenging behaviors including:

- Tantrums
- Running out/away
- Noncompliance
- Nagging
- Refusing to work/help
- Yelling/screaming
- Bullying
- Panic/anxiety reactions
- Lack of follow through
- Not following directions

You will walk away with immediate strategies for out-of-control behaviors and techniques for emotional regulation along with long-term treatment strategies to help kids at home and school. Scott Walls is a clinical expert and has worked with the most challenging kids both in clinical and school settings. Through the use of case studies and action-oriented handouts, you will leave this seminar with solutions to turn your most challenging kids around.



### Speaker

**Scott D. Walls, MA, LIPC, CCMHC**, is a mental health counselor in private practice in Lincoln, NE, and has previously spent 15 years with the Lincoln Public Schools as a behavior specialist and psychotherapist. Scott has provided therapy and consultation services for hundreds of children, teens and families in the Lincoln area. In addition, Scott has provided numerous trainings for teachers, administrators and case management staff for various agencies.

Scott co-founded a domestic violence group for female offenders and was a practicing therapist and case manager supervisor for a special project in Lincoln that offered treatment for torture and trauma survivors for refugees and immigrants. In addition to his duties as a therapist and consultant, Scott is the founder and owner of the Lincoln Karate Clinic, Inc. This karate school offers specialized karate lessons for children ages 4-7 and youth ages 8 and up. The karate school is well known for providing unique classes that incorporate Stranger Danger lessons, and Scott's personally developed antibullying program entitled: "The 4 C's of Bullying."

Scott enjoys providing information to students and participants in a relaxed, learning environment and makes every attempt to give participants practical and down to earth, educational information.

#### Speaker Disclosures:

Financial: Scott Walls maintains a private practice. He receives a speaking honorarium from PESI, Inc.  
 Non-financial: Scott Walls has no relevant non-financial relationship to disclose.



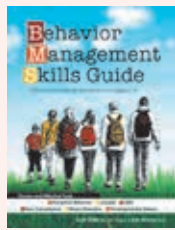
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The nation's top speakers and authors contact us first. If you are interested in becoming a speaker or have a new topic idea, please contact Marnie Sullivan at [msullivan@pesi.com](mailto:msullivan@pesi.com) or call 715-855-8226.

### Objectives

1. Identify behavioral episodes that challenge therapists, educators, professionals and parents.
2. Identify proactive strategies and reactive strategies for oppositional, defiant and disruptive children and youth.
3. Communicate the difference between behavioral episodes & psychiatric conditions.
4. Demonstrate how to do a skilled observation of behavior.
5. Explain how to improve your intervention/interview skills with children and youth.
6. Implement proactive strategies such as writing a behavior intervention plan and safety plan for home and school.

#### SAVE BY INCLUDING THESE PRODUCTS WITH SEMINAR REGISTRATION!



#### **Behavior Management Skills Guide:** Practical Activities & Interventions for Ages 3-18

By Scott D. Walls, MA, LIPC, CCMHC & Deb Rauner, M.Ed **Your presenter!**

With decades of clinical and classroom behavior management success, authors Scott Walls and Deb Rauner have written a comprehensive manual featuring the best methods for effective change. The authors have identified 3 levels of negative behavior components and have paired with interventions proven to increase positive behaviors and skills. Filled with strategies for individuals or groups, this guide also includes downloadable and ready-to-use assessments, exercises, tools and forms.



#### **Oppositional, Defiant & Disruptive Children and Adolescents:** Non-Medication Approaches for the Most Challenging ODD Behaviors

By Scott D. Walls, MA, LIPC, CCMHC **Your presenter!**

Written for therapists, educators, parents and caretakers, this workbook will give you the tools to reduce problematic behaviors and increase positive behaviors. Including exercises, assessments, guidelines and case studies this book is full of tools and strategies for noncompliance, nagging, yelling/screaming, bullying, panic/anxiety reactions, lack of follow through, and running away.

#### Live Seminar Continuing Education Credit Information

*Credits listed below are for full attendance at the live event only. Certificates of completion are distributed at the conclusion of the live seminar for those who register prior to the event date and attend the full day. A letter of attendance will be issued to participants who register at the event, arrive late, or leave early. For those who registered day of (walk-ins), and are in full attendance, a certificate of completion for full CE credit will be sent within 30 days following the event. For those in partial attendance (arrived late or left early), an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.*

*If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact [cespi@pesi.com](mailto:cespi@pesi.com) or 800-844-8260 before the event.*

*Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards.*

*PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.*

**COUNSELORS:** This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

**NEW MEXICO COUNSELORS:** Please contact PESI, Inc. at 800-844-8260 or [info@pesi.com](mailto:info@pesi.com) for information about continuing education credits for New Mexico counselors.

**TEXAS COUNSELORS:** PESI, Inc. has been approved as a continuing education sponsor through the Texas State Board of Examiners of Professional Counselors. Provider #: 2477. This course qualifies for 6.0 continuing education credits.

**EDUCATORS/TEACHERS:** This course is designed to qualify toward your professional development requirement. The program is 6.25 clock hours in length.

**NEW MEXICO EDUCATORS AND ADMINISTRATORS:** Please contact our customer service department for the most current information.

**MARRIAGE & FAMILY THERAPISTS:** This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

**TEXAS MARRIAGE & FAMILY THERAPISTS:** PESI, Inc. has been approved as a continuing education sponsor through the Texas State Board of Examiners of Marriage and Family Therapists. Provider #: 503. This course qualifies for 6.0 continuing education credits.

**NURSE/NURSE PRACTITIONERS/CLINICAL NURSE SPECIALISTS:** This activity meets the criteria for a American Nurses Credentialing Center (ANCC) Activity PESI, Inc. is an approved provider by the American Psychological Association, which is recognized by the ANCC for behavioral health related activities.

This activity qualifies for 6.25 contact hours.

**OCCUPATIONAL THERAPISTS & OCCUPATIONAL THERAPY ASSISTANTS:** PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

**NEW MEXICO OCCUPATIONAL THERAPISTS:** This course has been submitted to the State of New Mexico Board of Examiners for Occupational Therapists for review. Credit is pending.

**PSYCHOLOGISTS:** PESI, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. PESI maintains responsibility for this program and its content. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

**ASHA CONTINUING EDUCATION**  
APPROVED PROVIDER

PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

**SPEECH-LANGUAGE PATHOLOGISTS:** This course is offered for .6 ASHA CEUs (Intermediate level, Professional area).

**SOCIAL WORKERS:** PESI, Inc. Provider #:1062, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), [www.aswb.org](http://www.aswb.org) through the Approved Continuing Education (ACE) Program. PESI, Inc. maintains responsibility for the program. ASWB Approval Period: January 27, 2017 - January 27, 2020. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course will receive 6.25 (Clinical) continuing education clock hours for this intermediate course. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

**OTHER PROFESSIONS:** This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

QUESTIONS? Call 800-844-8260 or e-mail us at [info@pesi.com](mailto:info@pesi.com).

## How to Register:

OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN & ADOLESCENTS: NON-MEDICATION APPROACHES TO THE MOST CHALLENGING BEHAVIORS

**ONLINE**  
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**MAIL**  
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 Eau Claire, WI  
 54702-1000

**1 Please complete entire form** (to notify you of seminar changes):  
 please print; staple duplicate forms.

Mail Code: \_\_\_\_\_  
 See mail code box on address panel on reverse side

Name \_\_\_\_\_ Profession \_\_\_\_\_

Employer Name \_\_\_\_\_

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State \_\_\_\_\_ Zip \_\_\_\_\_

Home/Cell Ph ( ) \_\_\_\_\_

Dept. Ph ( ) \_\_\_\_\_

E-mail address \_\_\_\_\_

For your convenience, confirmations are sent via email.

**2 Check location:** (make copy of locations)

**SANTA FE, NM**  
**August 14, 2017** [55696SFE]  
 Courtyard by Marriott  
 3347 Cerrillos Rd • 87507  
 (505) 473-2800

**ALBUQUERQUE, NM**  
**August 15, 2017** [55696ALB]  
 Sheraton Uptown Albuquerque Hotel  
 2600 Louisiana Blvd NE • 87110  
 (505) 881-0000

**EL PASO, TX**  
**August 16, 2017** [55696ELP]  
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**ADA needs:**  
 We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

**Tuition Options:**  
 \$30 Tuition: If you are interested in being our registration coordinator for the day, go to: [www.pesi.com/coord](http://www.pesi.com/coord) for availability and job description, or call our Customer Service Dept. at 800-844-8260.

Groups of 5 or more: Call 800-844-8260 for discounts.  
 Discounted Military Rate: PESI Inc. is proud to offer a \$20 tuition discount on live seminar tuition for veterans and active duty military personnel. **Advance registration by phone required.**

Discounted Student Rate: As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form.  
 Go to [www.pesi.com/students](http://www.pesi.com/students) or call 800-844-8260 for details.  
**Advance registration required.**

Cannot be combined with other discounts.

**3 Check tuition:**

**TUITION WITH SEMINAR MANUAL**  
**\$199.99** (+ tax in NM) - choose one of the options below:  
 per person for 2 or more preregistering together—OR—  
 single registration postmarked 3 weeks prior to seminar date  
 **\$219.99** (+ tax in NM) standard

**ADD-ON PRODUCTS**  
 Distributed at seminar—FREE SHIPPING!  
 **\$24.99\*** Behavior Management Skills Guide book  
 **\$24.99\*** Oppositional, Defiant & Disruptive Children and Adolescents book

\*Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR

**4 Indicate method of payment:**

**ALL REGISTRATIONS MUST BE PREPAID.**  
 Purchase orders welcome (attach copy).  
 Check enclosed payable to **PESI, Inc.**  
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 Signature \_\_\_\_\_

(\*MC/VISA/Discover: last 3-digit # on signature panel on back of card.)  
 (\*American Express: 4-digit # above account # on face of card.)

**CAN'T ATTEND THE SEMINAR?**  
 See below for individual product orders

- **Oppositional, Defiant & Disruptive Children & Adolescents: Non-medication Approaches to the Most Challenging Behaviors**
- DVD\* (video) \$199.99 (RNV061440)
- CD\* (audio) \$169.99 (RNA061440)
- **Behavior Management Skills Guide** book\* \$24.99 (PUB083820)
- **Oppositional, Defiant & Disruptive Children and Adolescents** book\* \$24.99 (PUB084010)

\*Shipping is \$6.95 first item + \$2.00 each add'l item.  
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