Outline

Art Therapy

Which clients benefit from art therapy?

Ethical implications and limitations of using art therapy in your practice

Creating products vs creative process

Going with the flow

Clinical Application of Art Therapy

What materials to use and when

Normative development in art making and developmental stages

Indicators in the artwork that suggest a child needs more support

Seeing it differently (client perspective) Art talk, they made it now what?

CREATIVE TECHNIQUES AND STRATEGIES TO...

Build Relationships & Connection

For ASD, Trauma & ODD

Ouality world

Magical thinking

About me collage

Play building

Collaborative drawings

Group activities

Family art making

Build Safety

For Trauma, Anxiety & Mood Disorders

Containers, containers, containers....

boxes, circles, worry and calm down jars

Create a safe place Color it in

Special person

A gift

Erasers Hurt heart

Animal family & other family art activities

Trauma feelings

Coming and going

3 wishes





Build Self-Esteem

For ADHD, Anxiety & Mood disorders

Inside out

Mask making

Strong person

Power animals

Tree drawings Yeahs & yucks

Self portraits

Beading, knitting, weaving, sewing, rainbow loom

Increase Responsibility

For ADHD, Trauma, ASD, ODD, Anxiety & Mood disorders

Miracle question

Create the problem

The science experiment A really bad day

An ideal day

Feeling faces

Bridges

Cartooning problems & solutions

Increase Control

For ADHD, Anxiety & Mood disorders

Change the channel

Chill out boxes

Brain dump

Blow it out Spray it away

On the other hand

Feelings volcano

Sensory play: finger painting, paper folding, dripping, goop & more

Mindful mandalas

Scribble scrabble

Imaginary problem solver

Road drawing

Questions?

Call customer service at 800-844-8260

Live Seminar Schedule

7:30 Registration/Morning Coffee & Tea

8:00 Program begins

11:50-1:00 Lunch (on your own)

4:00 Program ends

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ARTATHERAPY

55691

77 Creative Interventions for Challenging Children Mo Shut Down, Meltdown or Act out



Buffalo, NY

Wednesday August 9, 2017 Rochester, NY

Thursday August 10, 2017 Syracuse, NY Friday August 11, 2017

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art therapy experiences

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THERAPY

77 Creative Interventions for Challenging

Art directives and interventions to help with:

Children who Shut Down, Meltdown or Act out

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ART THERAPY

Do you have clients who are stuck, repeating the same patterns over and over and you feel like you're powerless to help them? You know the ones that repeatedly refuse to listen and don't stop to think before they act. Or those who refuse to take responsibility for their behaviors and constantly pass blame onto others? Do they leave you feeling stagnant and burnt out in your practice? Do you work with challenging children and families who seem absolutely resistant to every intervention you offer?

Let me help you, like I have helped other therapists. Attend this seminar and learn new innovative interventions that are quaranteed to help even your most resistant clients become unstuck. Your day will consist of creative, interactive, hands-on training that will re-energize your work. You will leave with 77 fresh new art strategies and approaches that you can use immediately to engage even your most difficult and challenging clients.

No art experience is necessary, just an openness to try something creative.

Speaker •

Laura Dessauer, Ed.D, ATR-BC, LCAT, LMHC, is a board certified art therapist with a doctoral degree in counseling psychology. She has worked with families for 25+ years in over 21 school districts. Dr. Dessauer is passionate about helping families develop creative ways to confidently communicate and creatively connect. In her private practice she specializes in working with children who shutdown, meltdown and act out. She playfully blends cognitive behavioral skills, art-making, and creative problem solving to help clients create individualized social, emotional, and behaviors interventions that "stick to their brain".

Dr. Dessauer's work has been included in Parent's Magazine, eHow Parenting, YourTango, FoxNews, PBS "This Emotional Life", Lifetime Network, Working Mother, and Psychology Today. Dr. Dessauer is contributing author of "Healing with Art and Soul: Engaging One's Self Through Art Modalities" (Cambridge Scholars, 2009). She has presented at the Eighteenth Annual National Expressive Therapy Conference, National American Art Therapy Association 40th Anniversary Conference, and American Art Therapy Association Institute for Creative Education in Art Therapy (ICE/AT), and has created international online training courses for therapists. Dr. Dessauer has created a relaxation CD, "The Creativity Queen's Superfabulicious Self-Soothing CD", and therapeutic coloring book, "The Creativity Queen's Superfabulicious Colorific Adventure Book" for her clients. Her business, the Creativity Queen, LLC, was the winner of the 2007 Small Business of the Year Award (SCORE).

Speaker Disclosures:

Financial: Laura Dessauer is the founder and director of Creativity Queen, LLC. She receives a royalty from the American Art Therapy Association. She receives a speaking honorarium from PESI, Inc.

Non-financial: Laura Dessauer is a member of the American Art Therapy Association and the Florida Art Therapy Association.

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The Mindful Doodle Book

75 Creative Exercises to Help You Live in the Moment

By Patricia Isis, PH.D., LMHC, ATR-BC

Reduce Anxiety. Express Emotions. Be More Present.

The Mindful Doodle Book: 75 Creative Exercises to Help You Live In the Moment combines the benefits of mindfulness and the intuitive expression of doodling to help you relax, find focus, and creatively express emotions through spontaneous artmaking.

Yoga and Mindfulness Practices for Children Activity and Coloring Book

By Jennifer Cohen Harper, MA, E-RYT, RCYT

Jennifer Cohen Harper, internationally recognized yoga and mindfulness expert, has created simple and fun tools to help guide children through the many stressors of life. Yoga and Mindfulness Practices for Children Activity and Coloring Book offers 50 engaging activities, coloring pages and worksheets that support health, well-being, empowerment and an improved capacity to navigate those pressures of life without becoming overwhelmed.

Objectives

- Identify 77 art therapy directives to immediately implement into therapy practice to help children regulate their emotions and behaviors.
- Discuss the ethical implications of using art therapy.
- List the stages of children's normative development, and the indicators suggesting a need for additional clinical support.
- Demonstrate the use of common art materials; what to use and when, so you can feel immediately confident using art in your practice.
- Illustrate a plan for introducing art into clinical practice for treatment resistant and challenging children and families.
- Playfully practice the creative process via interactive hands-on art therapy experiences.

Target Audience

Counselors, Social Workers, Play Therapists, Psychologists, Case Managers Psychiatrists, Marriage and Family Therapists, Occupational Therapists and Occupational Therapy Assistants Speech-Language Pathologists, School Counselors, School Psychologists, Educators

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Credits listed below are for full attendance at the live event only. Certificates of Completion are distributed at the conclusion of the live seminar for those who register prior to the event date and attend the full day. A letter of attendance will be issued to participal who register at the event, arrive late, or leave early. For those who registered day of (walk-ins), and are in full attendance, a certificate of completion for full CE credit will be sent within 30 days following the event. For those in partial attendance (arrived late or left early), an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to de continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

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NEW YORK COUNSELORS: PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Mental Health Counselors. #MHC-0033. This activity will qualify for 7.5 contact hours. Full attendance is required; no partial credits will be offered for partial attendance.

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MARRIAGE & FAMILY THERAPISTS: This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements

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Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

PSYCHOLOGISTS: PESI, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. PESI maintains responsibility for this program and its content. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.



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