

Outline

Art Therapy

- Which clients benefit from art therapy?
- Ethical implications and limitations of using art therapy in your practice
- Creating products vs creative process
- Going with the flow

Clinical Application of Art Therapy

- What materials to use and when
- Normative development in art making and developmental stages
- Indicators in the artwork that suggest a child needs more support
- Seeing it differently (client perspective)
- Art talk, they made it now what?

CREATIVE TECHNIQUES AND STRATEGIES TO...

Build Relationships & Connection

- For ASD, Trauma & ODD
- Quality world
- Magical thinking
- About me collage
- Play building
- Collaborative drawings
- Group activities
- Family art making

Build Safety

- For Trauma, Anxiety & Mood Disorders
- Containers, containers, containers.... boxes, circles, worry and calm down jars
- Create a safe place
- Color it in
- Special person
- A gift
- Erasers
- Hurt heart
- Animal family & other family art activities
- Trauma feelings
- Coming and going
- 3 wishes

Build Self-Esteem

- For ADHD, Anxiety & Mood disorders
- Inside out
- Mask making
- Strong person
- Power animals
- Tree drawings
- Yeahs & yucks
- Self portraits
- Beading, knitting, weaving, sewing, rainbow loom

Increase Responsibility

- For ADHD, Trauma, ASD, ODD, Anxiety & Mood disorders
- Miracle question
- Create the problem
- The science experiment
- A really bad day
- An ideal day
- Feeling faces
- Bridges
- Cartooning problems & solutions

Increase Control

- For ADHD, Anxiety & Mood disorders
- Change the channel
- Chill out boxes
- Brain dump
- Blow it out
- Spray it away
- On the other hand
- Feelings volcano
- Sensory play: finger painting, paper folding, dripping, goop & more
- Mindful mandalas
- Scribble scabble
- Imaginary problem solver
- Road drawing

Questions?

Call customer service at **800-844-8260**

Live Seminar Schedule

- 7:30** Registration/Morning Coffee & Tea
- 8:00** Program begins
- 11:50-1:00** Lunch (on your own)
- 4:00** Program ends

For locations and maps, go to www.pesi.com, find your event, and click on the seminar title.

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ART THERAPY

77 Creative Interventions for Challenging Children
who Shut Down, Meltdown or Act out




ART THERAPY

77 Creative Interventions for Challenging Children who Shut Down, Meltdown or Act out

- Art directives and interventions to help with:
- Anxiety
 - Trauma
 - Mood disorders
 - ADHD
 - ODD
 - ASD
 - And more!

Buffalo, NY Wednesday August 9, 2017	Rochester, NY Thursday August 10, 2017	Syracuse, NY Friday August 11, 2017
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