

Outline

Brief Overview

- Human-animal emotional bond
- Therapy animal vs. service animal vs. emotional support animal
- Animal-assisted therapy vs. animal-assisted activities
- Handler vs. therapist

Mindfulness of Animals and How it Helps the Human Brain

- The neuroscience of the human-animal bond
- Why zebras don't get ulcers
- Animal-assisted interventions without an animal

The Legal Landscape

- Four federal laws that impact animal-assisted interventions
- Client rights and when not to involve an animal
- Informed consent

Interventions and Treatment Goals

- Physical and occupational issues
 - Fine and gross motor skills
 - Standing balance
 - Sensory processing
- Mental, emotional, and behavioral disorders
 - PTSD, anxiety and depression
 - Loneliness and self-esteem
 - Autism spectrum disorder

- Speech-language and learning disabilities
 - Dyslexia and other learning difficulties
 - Vocabulary improvement
 - Increase verbal interactions

Components of Animal-Assisted Intervention

- How to approach clients
- Interaction techniques for client and animal
- Closure, documentation

Evidence-Based Research and Outcomes

- Disorders that respond well to animal-assisted interventions
- Autism spectrum disorders
- ADHD and related childhood educational issues
- Speech and language disorders
- Stroke and geriatric issues
- Depression and anxiety
- PTSD
- Benefits of owning a companion animal

Start Your Own Animal-Assisted Program

- Animal qualifications and characteristics
- Preparing and caring for the animal
- When the animal shows signs of stress and agitation
- Organizations and resources for starting your animal-assisted program

Objectives

- Specify the evidence-based research outcomes regarding animal-assisted interventions.
- Employ animal-assisted interventions as a modality to treat anxiety and depression.
- Incorporate animals in the treatment process for veterans with Post Traumatic Stress Disorder (PTSD).
- Design animal-assisted interventions to increase language and literacy in children with learning disorders and autism.
- Practice the three components of animal-assisted intervention.
- Explore the federal laws that impact animal-assisted interventions.
- Categorize the differences between a therapy animal and a service animal.



Target Audience: Social Workers • Counselors • Psychologists • Occupational Therapists • Speech-Language Pathologists • Physical Therapists • Addiction Professionals • Marriage & Family Therapists • Nurses • Nursing Home Administrators • Activity Directors

Live Seminar Schedule

- 7:30 Registration, Morning Coffee & Tea
- 8:00 Program Begins
- 11:50-1:00 Lunch (on your own)
- 4:00 Program Ends

For locations and maps, go to www.pesi.com, find your event, and click on the seminar title.

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Animal-Assisted Interventions

An Incredible Range of Therapeutic Benefits

"The relationship between a therapy animal and a patient extends far deeper than simple companionship; there are physical, emotional, and mental benefits to this type of treatment."

Jackie Pavelski, NHA

SAN ANTONIO, TX Wednesday February 21, 2018	AUSTIN, TX Thursday February 22, 2018	HOUSTON, TX Friday February 23, 2018
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Animal-Assisted Interventions

An Incredible Range of Therapeutic Benefits

- Neuroscience of the human-animal emotional bond
- Federal laws that protect your clients' rights
- Start your own animal-assisted program
- Interventions and treatment goals for:
 - PTSD, anxiety and depression
 - Mental and behavioral disorders
 - Physical and occupational issues
 - Speech-language and learning disabilities
 - Autism Spectrum Disorder

SAN ANTONIO, TX
Wednesday, February 21, 2018

AUSTIN, TX
Thursday, February 22, 2018

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This seminar is designed to help you discover how incorporating animals into your professional activities can greatly improve client outcomes in a surprisingly broad range of areas, including:

- Reduce stress and anxiety levels and lower blood pressure
- Lessen feelings of loneliness and depression
- Help people suffering from agoraphobia
- Improve sensory recognition in people recovering from a stroke
- Support people dealing with trauma
- Help children with learning disabilities

You will receive specific examples of animal-assisted therapeutic goals in a variety of functional areas. This seminar also includes the latest research outcomes, solid foundational knowledge about the human-animal emotional bond and up-to-date information about relevant laws. You will also discover very practical information and resources to help you implement your own animal-assisted interventions.

“This seminar is very good at broadening one’s view of the world. It is so much larger than just us humans and there is a huge reciprocal impact. I will incorporate animals in guided imagery to encourage/stimulate the relaxation response.”

- Marlene A. Bannen, PhD

Speaker



JONATHAN JORDAN, MSW, LCSW, has over two decades of experience with animal-assisted interventions. He is a life-long animal lover and a member of the Delta Society, an internationally renowned organization dedicated to improving human well-being through nurturing interactions with animals. Over the years Jonathan, a licensed psychotherapist and executive coach, has trained a number of his own dogs to become certified therapy dogs. Not only does he integrate his certified dogs into his own practice, he also engages them in other practices and

facilities to improve the lives of even more clients. Jonathan, who grew up in Ireland, began his social work career in the Himalayan Kingdom where the Buddha was born. He is a member of the Society for Neuroscience, the world’s largest organization for the study of the brain and is the author of numerous articles and a book about brain-improvement training. Jonathan is a Faculty Fellow of Florida State University and a State Qualified Clinical Supervisor in Florida who trains and mentors scores of other psychotherapists. He is a speaker on a variety of topics and has spoken on three continents, and on Capitol Hill in Washington, DC in the past few years. Jonathan is passionate about motivating others to harness the power of the human-animal emotional bond to not only improve clinical outcomes, but to make the world a better place.

Speaker Disclosure:

Financial: Jonathan Jordan is the President and part owner of Global Change Management, Inc. He receives royalties from Psychology Today. He receives a speaking honorarium from PESI, Inc.

Non-financial: Jonathan Jordan is a member of the Delta Society.

Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

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ANIMAL-ASSISTED INTERVENTIONS

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By Donald Altman, M.A., LPC

Integrating easy-to-use, life-enhancing coping skills with beautifully detailed and illustrative drawings that visually reinforce each mindfulness practice. Mindfulness has been shown to effectively manage stress and emotional reactivity, as well as reduce symptoms related to anxiety, depression, and pain. So if your mental hard drive has ever “crashed,” let *Stay Mindful & Color* reboot and rewire your brain, one centering, soothing practice and joyfully optimistic drawing at a time.



The Key to Autism

An Evidence-based Workbook for Assessing and Treating Children & Adolescents

By Cara Marker Daily, PhD

The Key to Autism is an invaluable and comprehensive resource for any professional assessing and treating autism in children and adolescents. Filled with dozens of case examples, exercises to understand how the brain with autism works, the latest tools for screening and assessment, and “how-to” sections for applied behavior analysis (ABA), this workbook is the key to understanding the minds of children and adolescents with autism.

Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. Certificates of Completion are distributed at the conclusion of the live seminar for those who register prior to the event date and attend the full day. A letter of attendance will be issued to participants who register at the event, arrive late, or leave early. For those who registered day of (walk-ins), and are in full attendance, a certificate of completion for full CE credit will be sent within 30 days following the event. For those in partial attendance (arrived late or left early), an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see “live seminar schedule” for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards.

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MARRIAGE & FAMILY THERAPISTS: This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

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NURSING HOME ADMINISTRATORS: This educational offering has been reviewed by the National Continuing Education Review Service (NCERS) of the National Association of Long Term Care Administrator Boards (NAB) and approved for 6.25 clock hours and 6.25 participant hours.


OCCUPATIONAL THERAPISTS & OCCUPATIONAL THERAPY ASSISTANTS: PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

PHYSICAL THERAPISTS & PHYSICAL THERAPIST ASSISTANTS: This activity consists of 6.25 clock hours of instruction that is applicable for physical therapists. CE requirements for physical therapists vary per state/jurisdiction. Please retain the certificate of completion that you receive and use as proof of completion when required.

TEXAS PHYSICAL THERAPISTS & PHYSICAL THERAPIST ASSISTANTS: This activity is provided by the Texas Board of Physical Therapy Examiners Accredited Provider #1807032TX and meets continuing competence requirements for physical therapist and physical therapist assistant licensure renewal in Texas. This activity will provide 6.25 CCUs. The assignment of Texas PT CCUs does not imply endorsement of specific course content, products, or clinical procedures by TPTA or TBPE.

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APPROVED PROVIDER



PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

SPEECH-LANGUAGE PATHOLOGISTS: This course is offered for .6 ASHA CEUs (Intermediate level, Professional area).

SOCIAL WORKERS: PESI, Inc. Provider #:1062, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), www.aswb.org through the Approved Continuing Education (ACE) Program. PESI, Inc. maintains responsibility for the program. ASWB Approval Period: January 27, 2017 - January 27, 2020. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course will receive 6.25 (Clinical) continuing education clock hours for this intermediate course. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

OTHER PROFESSIONS: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

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