

OUTLINE

Client Assessment: Ask the Right Questions

Conduct comprehensive assessments
Mini mental status exam
Lethality assessment: Suicide and homicide
Substance use assessment
Trauma assessment
Tips and strategies for eliciting the right information

The Suicidal Client: More than 13 Reasons Why

High-risk populations—who is most at risk?
Implicit and explicit expressions of suicidal ideation and intent
Self-injurious behavior and suicidal ideation
Suicide assessment and interviews: Ideation, plans, means, intent
What do I do now? —Disposition & safety planning
Why “No-Harm Contracts” are harmful
Breaking client confidentiality
When in doubt, do what?

Hospitalization process
After the ER: When clients are not admitted

Case studies:

Michelle—Teenagers experiencing suicidal ideation
William—The intersection of substance use, mental illness and suicidality

The Violent Client: Manage Dangerous Situations

Dealing with our fears: Clinicians’ safety concerns
When the clinician is the target
When others are the target
De-escalation techniques
Preventative planning
Office layout
Keeping good boundaries
Police involvement before a crisis

Safety planning

When to call 911

Hospitalization process

Duty to warn

Case studies:

George—Handle a violent client
Dale—Practice Duty to Warn

The Addicted Client: What ALL Clinicians Need to Know

How misdiagnosis harms clients
Signs of intoxication
Imminent risk: Signs and symptoms of overdose
Identify withdrawal syndromes
Accurate diagnosis and treatment matching
Drug basics that clinicians should know:
Opioids and the opioid crisis (heroin, fentanyl and emerging drugs)
Stimulants (cocaine, “bath salts,” methamphetamine)
Cannabinoids (“shatter,” spice)
Other chemicals (DXM, “Special K,” Ayahuasca)

When and how to refer to a higher level of care

Case studies:

Percy—Opioid crisis in the waiting room
Cathy—Bipolar Disorder? Think again

The Traumatized Client: Help Without Hurting

Recognize trauma in clients
The risk of misdiagnosis
Dangers of improper treatment
Strategies for trauma-informed care
First and foremost: Safety inside and outside the clinic
The role of mindfulness
Go slow...but go
Understand Levels of Safety
Triune Brain Model and trauma
Bereavement: Not always trauma
The intersection of trauma, mental health, substance abuse and medical problems

Case studies:

Brian—Trauma missed
Mick—“How deep can I bury this?”

Medical vs. Psychiatric Problems: Limiting Harm

“What Could Kill the Patient First?”

Collaborative care with primary physician
Medical emergencies that present with psychological symptoms

Signs and symptoms: Limit client harm by recognizing a medical emergency

Medication-Related Disorders
Traumatic Brain Injury (TBI)
Neurocognitive Disorders
Other Neurological Illnesses

Case studies:

Steven and the Zombies—Organic disorders
“Granny has schizophrenia!”

High Risk Clinicians: After the Crisis

Protect your license and manage liability
Documentation: What you need to know
Debriefing and supervision
Vicarious trauma
Addressing compassion fatigue

Case study:

Dave and me

Limitations and Potential Risks

Limited controlled studies
Seek supervision when necessary
Weigh out risk of intervening versus not intervening

Live Seminar & Webcast Schedule

(Times listed in Eastern)

7:30 Registration/Morning Coffee & Tea

8:00 Program begins

11:50-1:00 Lunch (on your own)

4:00 Program ends

For locations and maps, go to www.pesi.com, find your event, and click on the seminar title.

Questions? Call customer service at 800-844-8260



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HIGH RISK CLIENTS

Effectively Handle Five of the Most Critical Scenarios You'll Face as a Clinician

BOWIE, MD
Monday, April 16, 2018

COLUMBIA, MD
Tuesday, April 17, 2018

FAIRFAX, VA
Wednesday, April 18, 2018

LIVE VIDEO WEBCAST
Wednesday, April 18, 2018



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HIGH RISK CLIENTS

Effectively Handle Five of the Most Critical Scenarios You'll Face as a Clinician

- Recognize signs of suicide risk and effectively intervene
- What ALL clinicians need to know about substance use disorders
- The traumatized client: How to help without hurting
- Tactics that help you respond to violent clients
- Strategies to manage liability risk and protect your license

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HIGH RISK CLIENTS

Effectively Handle Five of the Most Critical Scenarios You'll Face as a Clinician

Crises are never scheduled, convenient or easy. But they do happen and you will face them. Clients at risk for crisis often present with so many symptoms and issues, it's hard to know where to start. Many clinicians, anxious about how to proceed, often miss or avoid asking the right questions to effectively intervene and keep clients (and themselves) safe.

As a clinician, have you ever felt:

Worried about the safety of your clients, even feared for their lives, but felt unprepared to handle the situation?

Unsafe in the clinical environment, or unsure of how to handle situations where someone connected to your client might be in danger?

Caught off guard when you're wrapping up a session and a client discloses suicidal thoughts?

Unsure if a client was using drugs, and ill equipped to identify the signs and symptoms of drug abuse?

Concerned that you're doing more harm than good for traumatized clients, despite your best intentions?

Join Paul Brasler, LCSW, as he navigates you through five of the most difficult scenarios in mental health today. Through real-life examples and live role plays, Paul will share the concrete strategies that he's used over the last two decades to safely and effectively intervene in the challenging, urgent, and sometimes alarming situations that mental health professionals face. **Full of practical tools and tips, this seminar will teach you to how to make crises situations more manageable, overcome your worries, and improve your readiness to handle mental health emergencies related to suicide, violence, substance abuse, trauma, and medical issues.** Better still, instruction on professional liability management techniques, tips for documentation, and detailed reproducible assessment forms will have you feeling confident that you can focus on doing what's best for your clients without fear of litigation. And, Paul's guidance is applicable to your work regardless of your setting or clinical background.

Leave this seminar equipped to help your most vulnerable clients with the real-life skills and knowledge they don't teach in graduate school!

SPEAKER

Paul Brasler, M.A., M.S.W., L.C.S.W., has worked in the social work field for the past 22 years. His work experience includes: adolescent residential treatment, inpatient and outpatient substance abuse treatment, experiential group process, being a mental health provider on a hostage negotiation team, drug court senior clinician, private practice with individuals and families, and crisis interventions. For the past seven years, Paul has worked in five emergency departments in the greater Richmond, Virginia area, conducting psychiatric assessments of patients in crisis. Paul helps the most vulnerable population in his community, and he enjoys the intersection of mental health, substance abuse and medicine.

A graduate of Virginia Commonwealth University's Graduate School of Social Work, Paul returned to his alma mater to teach in 2012. While he readily acknowledges the need for coherent and means-tested theories to support practice, he ultimately values the lived experience of putting strategies into practical use. Seminar attendees consistently note that they like how he uses "real life" examples in his presentations.

Speaker Disclosures:

Financial: Paul Brasler is in private practice. He receives a speaking honorarium from PESI, Inc.

Non-financial: Paul Brasler has no relevant non-financial relationship to disclose.



LIVE WEBCAST DETAILS

Join us on April 18, 2018, for this live, interactive webcast!

Invite your entire office and, like a live seminar, "attend" the webcast at its scheduled time. It's easy and convenient! Webcasts provide everything you need for a premier educational experience including real-time video and audio of the speaker. See and hear the speaker and watch the slides all on your computer screen. Seminar materials are available for download. One CE Certificate is included. Only \$19.99 per CE Certificate for each additional participant.

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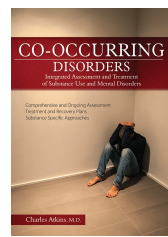
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Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker, or have a new topic idea, please contact Kate Sample at ksample@pesi.com or call (715) 855-5260.

OBJECTIVES

1. Complete a comprehensive mental health assessment that encompasses a multitude of clinical concerns including mental status, lethality, substance abuse and trauma.
2. Identify signs of and risk factors for suicidal ideation in clients and effectively respond in order to ensure the safety of the client.
3. Recognize indicators of substance intoxication, withdrawal and overdose in clients and establish protocol for responding appropriately.
4. Assess for risk of violence in a clinical setting and develop skills to effectively and safely intervene during an acute crisis.
5. Examine ways in which client responses to trauma are often misdiagnosed as mental health disorders and consider the clinical implications of this.
6. Create accurate and comprehensive documentation of clinical crises to protect all parties involved and minimize liability risks.

SAVE BY INCLUDING THESE PRODUCTS WITH SEMINAR REGISTRATION!

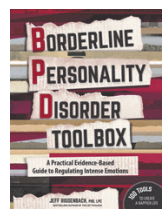


Co-Occurring Disorders

Integrated Assessment and Treatment of Substance Use and Mental Disorders

By Charles Atkins, MD

This is a must-have resource for both the rubber-meets-the-road clinician, who wants effective strategies and a clear direction for treatment and recovery, and the administrator who creates interventions at the system level with attention to regulatory and reimbursement demands.



Borderline Personality Disorder Toolbox: A Practical Evidence-Based Guide to Regulating Intense Emotions

By Jeff Rigenbach, Ph.D., LPC

Drawing from a variety of evidence-based approaches, the Borderline Personality Disorder Toolbox is a real-world self-help workbook. Escaping generalizations and stereotypes, this complete guide is filled with practical explanations, along with over 100 worksheets and activities to improve behavior.

Target Audience:

Counselors, Social Workers, Psychologists, Case Managers, Addiction Counselors, Marriage & Family Therapists, Nurses, Nurse Practitioners, and other Mental Health Providers

Live Seminar & Webcast Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. Certificates of Completion are distributed at the conclusion of the live seminar for those who register prior to the event date and attend the full day. A letter of attendance will be issued to participants who register at the event, arrive late, or leave early. For those who registered day of (walk-ins), and are in full attendance, a certificate of completion for full CE credit will be sent within 30 days following the event. For those in partial attendance (arrived late or left early), an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

ADDICTION COUNSELORS: This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the counseling services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

DISTRICT OF COLUMBIA COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

MARYLAND COUNSELORS: This intermediate activity is approved for 6.25 clock hours of continuing education instruction. The Maryland Board of Professional Counselors recognizes courses and providers that are approved by the NAADAC. A certificate of attendance will be awarded at the end of the program to counselors who complete the program evaluation, to submit to their state board.

VIRGINIA COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

MARRIAGE & FAMILY THERAPISTS: This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

NURSE/NURSE PRACTITIONERS/CLINICAL NURSE SPECIALISTS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

PSYCHOLOGISTS: PESI, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. PESI maintains responsibility for this program and its content. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

SOCIAL WORKERS: PESI, Inc. Provider #1062, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), www.aswb.org through the Approved Continuing Education (ACE) Program. PESI, Inc. maintains responsibility for the program. ASWB Approval Period: January 27, 2017 - January 27, 2020. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course will receive 6.25 (Clinical) continuing education clock hours for this intermediate course. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

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ADA NEEDS

We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

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• **FREE MILITARY TUITION:** PESI, Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. *Advance registration by phone required.*

• **\$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: www.pesi.com/coord for availability and job description, or call our Customer Service Dept. at 800-844-8260.

• **Groups of 5 or more:** Call 800-844-8260 for discounts.

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