

OUTLINE

Client Assessment: Ask the Right Questions

- Conduct comprehensive assessments
 - Mini mental status exam
 - Lethality assessment: Suicide and homicide
 - Substance use assessment
 - Trauma assessment
- Tips and strategies for eliciting the right information

The Suicidal Client: More than 13 Reasons Why

- High-risk populations—who is most at risk?
- Implicit and explicit expressions of suicidal ideation and intent
- Self-injurious behavior and suicidal ideation
- Suicide assessment and interviews: Ideation, plans, means, intent
- What do I do now? —Disposition & safety planning
 - Why “No-Harm Contracts” are harmful
 - Breaking client confidentiality
 - When in doubt, do what?
- Hospitalization process
- After the ER: When clients are not admitted
- Case studies:**
 - Michelle—Teenager experiencing suicidal ideation
 - William—The intersection of substance use, mental illness and suicidality

The Violent Client: Manage Dangerous Situations

- Dealing with our fears: Clinicians’ safety concerns
- When the clinician is the target
- When others are the target
- De-escalation techniques
- Preventative planning
 - Office layout
 - Keeping good boundaries
 - Police involvement before a crisis
- Safety planning
- When to call 911
- Hospitalization process
- Duty to warn
- Case studies:**
 - George—Handle a violent client
 - Dale—Practice Duty to Warn

The Addicted Client: What ALL Clinicians Need to Know

- How misdiagnosis harms clients
- Signs of intoxication
- Imminent risk: Signs and symptoms of overdose
- Identify withdrawal syndromes
- Accurate diagnosis and treatment matching
- Drug basics that clinicians should know:
 - Opioids and the opioid crisis (heroin, fentanyl and emerging drugs)
 - Stimulants (cocaine, “bath salts,” methamphetamine)
 - Cannabinoids (“shatter,” spice)
 - Other chemicals (DXM, “Special K,” Ayahuasca)
- When and how to refer to a higher level of care
- Case studies:**
 - Percy—Opioid crisis in the waiting room
 - Cathy—Bipolar Disorder? Think again

The Traumatized Client: Help Without Hurting

- Recognize trauma in clients
- The risk of misdiagnosis
- Dangers of improper treatment
- Strategies for trauma-informed care
 - First and foremost: Safety inside and outside the clinic
 - The role of mindfulness
 - Go slow...but go
- Understand Levels of Safety
- Triune Brain Model and trauma
- Bereavement: Not always trauma
- The intersection of trauma, mental health, substance abuse and medical problems
- Case studies:**
 - Brian—Trauma missed
 - Mick—“How deep can I bury this?”

Medical vs. Psychiatric Problems: Limiting Harm

- “What Could Kill the Patient First?”
- Collaborative care with primary physician
- Medical emergencies that present with psychological symptoms
- Signs and symptoms: Limit client harm by recognizing a medical emergency
 - Medication-Related Disorders
 - Traumatic Brain Injury (TBI)
 - Neurocognitive Disorders
 - Other Neurological Illnesses
- Case studies:**
 - Steven and the Zombies—Organic disorders
 - “Granny has schizophrenia!”

High Risk Clinicians: After the Crisis

- Protect your license and manage liability
- Documentation: What you need to know
- Debriefing and supervision
- Vicarious trauma
- Addressing compassion fatigue
- Case study:**
 - Dave and me
- Limitations and Potential Risks**
 - Limited controlled studies
 - Seek supervision when necessary
 - Weigh out risk of intervening versus not intervening

Live Seminar Schedule

- 7:30** Registration/Morning Coffee & Tea
- 8:00** Program begins
- 11:50-1:00** Lunch (*on your own*)
- 4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

Questions?
Call customer service at
800-844-8260

Target Audience: Counselors, Social Workers, Psychologists, Case Managers, Addiction Counselors, Marriage & Family Therapists, Nurses, Nurse Practitioners, and other Mental Health Providers

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HIGH RISK CLIENTS

Effectively Handle Five of the Most Critical Scenarios You'll Face as a Clinician

COLORADO SPRINGS, CO
Monday, January 14, 2019

DENVER, CO
Tuesday, January 15, 2019

CHEYENNE, WY
Wednesday, January 16, 2019



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HIGH RISK CLIENTS

Effectively Handle Five of the Most Critical Scenarios You'll Face as a Clinician

- Recognize signs of suicide risk and effectively intervene
- What ALL clinicians need to know about substance use disorders
- The traumatized client: How to help without hurting
- Tactics that help you respond to violent clients
- Strategies to manage liability risk and protect your license

COLORADO SPRINGS, CO
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HIGH RISK CLIENTS

Effectively Handle Five of the Most Critical Scenarios You'll Face as a Clinician

Crises are never scheduled, convenient or easy. But they do happen and you will face them. Clients at risk for crisis often present with so many symptoms and issues, it's hard to know where to start. Many clinicians, anxious about how to proceed, often miss or avoid asking the right questions to effectively intervene and keep clients (and themselves) safe.

As a clinician, have you ever felt:

Worried about the safety of your clients, even feared for their lives, but felt unprepared to handle the situation?

Unsafe in the clinical environment, or unsure of how to handle situations where someone connected to your client might be in danger?

Caught off guard when you're wrapping up a session and a client discloses suicidal thoughts?

Unsure if a client was using drugs, and ill equipped to identify the signs and symptoms of drug abuse?

Concerned that you're doing more harm than good for traumatized clients, despite your best intentions?

Join Brooks W. Baer, MA, LCPC, LMFT, as he navigates you through five of the most difficult scenarios in mental health today. Through real-life examples and live role plays, Brooks will share the concrete strategies that he's used over the last two decades to safely and effectively intervene in the challenging, urgent, and sometimes alarming situations that mental health professionals face. **Full of practical tools and tips, this seminar will teach you to how to make crisis situations more manageable, overcome your worries, and improve your readiness to handle mental health emergencies related to suicide, violence, substance abuse, trauma, and medical issues.** Better still, instruction on professional liability management techniques, tips for documentation, and detailed reproducible assessment forms will have you feeling confident that you can focus on doing what's best for your clients without fear of litigation. And, Brooks' guidance is applicable to your work regardless of your setting or clinical background.

Leave this seminar equipped to help your most vulnerable clients with the real-life skills and knowledge they don't teach in graduate school!

SPEAKER

Brooks W. Baer, MA, LCPC, LMFT, is a Licensed Clinical Professional Counselor and a Licensed Marriage and Family Therapist who has been involved in the mental health field for over 25 years. He has well over 20,000 therapy hours and has conducted over 5,000 diagnostic interviews in emergency department settings. Brooks has been a student of CBT for the past 20 years and has logged thousands of hours with a wide variety of patient populations. He has successfully used these principles in hundreds of cases and understands the real world application of this effective treatment modality. You will benefit from his technical understanding of these theories as well as his clinical expertise.

Since 2006, Brooks has taught seminars to more than 8,000 mental health professionals across the country. He currently splits his time between an Emergency Crisis Response team and teaching. Brooks brings you the latest research regarding both therapy and neuroscience; using his extensive clinical experience, he's able to translate that information into useful principles that can be used every day.

Speaker Disclosures:

Financial: Brooks Baer is in private practice. He receives compensation as an adjunct faculty member at the University of Great Falls. Mr. Baer receives a speaking honorarium from PESI, Inc.

Non-financial: Brooks Baer has no relevant non-financial relationship to disclose.



Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

Seminar on DVD or CD Package: You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

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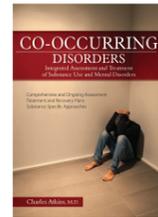


PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. **Advance registration by phone required.**

OBJECTIVES

1. Complete a comprehensive mental health assessment that encompasses a multitude of clinical concerns including mental status, lethality, substance abuse and trauma.
2. Identify signs of and risk factors for suicidal ideation in clients and effectively respond in order to ensure the safety of the client.
3. Recognize indicators of substance intoxication, withdrawal and overdose in clients and establish protocol for responding appropriately.
4. Assess for risk of violence in a clinical setting and develop skills to effectively and safely intervene during an acute crisis.
5. Examine ways in which client responses to trauma are often misdiagnosed as mental health disorders and consider the clinical implications of this.
6. Create accurate and comprehensive documentation of clinical crises to protect all parties involved and minimize liability risks.

SAVE BY INCLUDING THESE PRODUCTS WITH SEMINAR REGISTRATION!

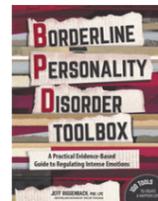


Co-Occurring Disorders

Integrated Assessment and Treatment of Substance Use and Mental Disorders

By Charles Atkins, MD

This is a must-have resource for both the rubber-meets-the-road clinician, who wants effective strategies and a clear direction for treatment and recovery, and the administrator who creates interventions at the system level with attention to regulatory and reimbursement demands.



Borderline Personality Disorder Toolbox: A Practical Evidence-Based Guide to Regulating Intense Emotions

By Jeff Rigenbach, Ph.D., LPC

Drawing from a variety of evidence-based approaches, the Borderline Personality Disorder Toolbox is a real-world self-help workbook. Escaping generalizations and stereotypes, this complete guide is filled with practical explanations, along with over 100 worksheets and activities to improve behavior.

LIVE SEMINAR CONTINUING EDUCATION CREDIT INFORMATION

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

ADDICTION COUNSELORS: This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the counseling services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

NEBRASKA COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

MARRIAGE & FAMILY THERAPISTS: This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

NURSES/NURSE PRACTITIONERS/CLINICAL NURSE SPECIALISTS: This activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from this activity and contact your state board or organization to determine specific filing requirements.

PSYCHOLOGISTS: This activity consists of 6.25 clock hours of continuing education instruction. The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACCME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maryland, Missouri, Nebraska, New Hampshire, New Jersey, New Mexico, Pennsylvania and South Carolina. Certificates of attendance will be issued for you to submit to your state licensing board to recognize for continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education. PESI, Inc. designates this live activity for a maximum of 6.25 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

SOCIAL WORKERS: PESI, Inc. Provider #:1062, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), www.aswb.org through the Approved Continuing Education (ACE) Program. PESI, Inc. maintains responsibility for the program. ASWB Approval Period: January 27, 2017 - January 27, 2020. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course will receive 6.25 (Clinical) continuing education clock hours for this intermediate course. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

COLORADO SOCIAL WORKERS: PESI, Inc. is an approved provider with the Colorado Chapter of the National Association of Social Workers. Provider #1413. This course has been approved for 6.3 continuing education hours. Please make sure to bring your license number to the seminar so that we can report your attendance NASWCO.

OTHER PROFESSIONS: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

QUESTIONS? Call 800-844-8260 or e-mail us at info@pesi.com.

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ADA NEEDS

We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

WALK-INS

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

TUITION OPTIONS

• **FREE Military Tuition:** PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. **Advance registration by phone required.**

• **\$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: www.pesi.com/coord for availability and job description, or call our Customer Service Dept. at 800-844-8260.

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Cannot be combined with other discounts.



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High Risk Clients: Effectively Handle Five of the Most Critical Scenarios You'll Face as a Clinician

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