

OUTLINE

Client Assessment: Ask the Right Questions

- Conduct comprehensive assessments
 - Mini mental status exam
 - Lethality assessment: Suicide and homicide
 - Substance use assessment
 - Trauma assessment
- Tips and strategies for eliciting the right information

The Suicidal Client: More than 13 Reasons Why

- High-risk populations—who is most at risk?
- Implicit and explicit expressions of suicidal ideation and intent
- Self-injurious behavior and suicidal ideation
- Suicide assessment and interviews: Ideation, plans, means, intent
- What do I do now? —Disposition & safety planning
 - Why “No-Harm Contracts” are harmful
 - Breaking client confidentiality
 - When in doubt, do what?
- Hospitalization process
- After the ER: When clients are not admitted
- Case studies:**
 - Michelle—Teenager experiencing suicidal ideation
 - William—The intersection of substance use, mental illness and suicidality

The Violent Client: Manage Dangerous Situations

- Dealing with our fears: Clinicians’ safety concerns
- When the clinician is the target
- When others are the target
- De-escalation techniques
- Preventative planning
 - Office layout
 - Keeping good boundaries
 - Police involvement before a crisis
- Safety planning
- When to call 911
- Hospitalization process
- Duty to warn
- Case studies:**
 - George—Handle a violent client
 - Dale—Practice Duty to Warn

The Addicted Client: What ALL Clinicians Need to Know

- How misdiagnosis harms clients
- Signs of intoxication
- Imminent risk: Signs and symptoms of overdose
- Identify withdrawal syndromes
- Accurate diagnosis and treatment matching
- Drug basics that clinicians should know:
 - Opioids and the opioid crisis (heroin, fentanyl and emerging drugs)
 - Stimulants (cocaine, “bath salts,” methamphetamine)
 - Cannabinoids (“shatter,” spice)
 - Other chemicals (DXM, “Special K,” Ayahuasca)
- When and how to refer to a higher level of care
- Case studies:**
 - Percy—Opioid crisis in the waiting room
 - Cathy—Bipolar Disorder? Think again

The Traumatized Client: Help Without Hurting

- Recognize trauma in clients
- The risk of misdiagnosis
- Dangers of improper treatment
- Strategies for trauma-informed care
 - First and foremost: Safety inside and outside the clinic
 - The role of mindfulness
 - Go slow...but go
- Understand Levels of Safety
- Triune Brain Model and trauma
- Bereavement: Not always trauma
- The intersection of trauma, mental health, substance abuse and medical problems
- Case studies:**
 - Brian—Trauma missed
 - Mick—“How deep can I bury this?”

Medical vs. Psychiatric Problems: Limiting Harm

- “What Could Kill the Patient First?”
- Collaborative care with primary physician
- Medical emergencies that present with psychological symptoms
- Signs and symptoms: Limit client harm by recognizing a medical emergency
 - Medication-Related Disorders
 - Traumatic Brain Injury (TBI)
 - Neurocognitive Disorders
 - Other Neurological Illnesses
- Case studies:**
 - Steven and the Zombies—Organic disorders
 - “Granny has schizophrenia!”

High Risk Clinicians: After the Crisis

- Protect your license and manage liability
- Documentation: What you need to know
- Debriefing and supervision
- Vicarious trauma
- Addressing compassion fatigue
- Case study:**
 - Dave and me
- Limitations and Potential Risks**
 - Limited controlled studies
 - Seek supervision when necessary
 - Weigh out risk of intervening versus not intervening

Live Seminar & Webcast Schedule (Times Listed in Central)

- 7:30** Registration/Morning Coffee & Tea
- 8:00** Program begins
- 11:50-1:00** Lunch (*on your own*)
- 4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

Questions? Call customer service at **800-844-8260**

Target Audience: Counselors, Social Workers, Psychologists, Case Managers, Addiction Counselors, Marriage & Family Therapists, Nurses, Nurse Practitioners, and other Mental Health Providers

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HIGH RISK CLIENTS

Effectively Handle Five of
the Most Critical Scenarios
You'll Face as a Clinician

ROCHESTER, MN
Monday, February 25, 2019

ROSEVILLE, MN
Tuesday, February 26, 2019

BLOOMINGTON, MN
Wednesday, February 27, 2019

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HIGH RISK CLIENTS

Effectively Handle Five of
the Most Critical Scenarios
You'll Face as a Clinician

- Recognize signs of suicide risk and effectively intervene
- What ALL clinicians need to know about substance use disorders
- The traumatized client: How to help without hurting
- Tactics that help you respond to violent clients
- Strategies to manage liability risk and protect your license

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