

1 Please complete entire form
(to notify you of retreat changes): please print; staple duplicate forms.

Name _____
 Profession _____
 Address _____
 City _____ County _____
 State _____ Zip _____
 Home/Cell Ph () _____
 E-mail address _____

Registration email address is required to receive your certificate of completion and registration confirmation.

2 Tuition and 5-nights stay—May 19–24, 2019 (67937SED)

Early bird by 4/15/19—\$2,399 per person
 Standard—\$2,599 per person

****Bring a friend and SAVE \$200 each!**
 Tuition and 5-nights stay, double occupancy
 Early bird by 4/15/19—\$2,199 per person
 Standard—\$2,399 per person

Included with Tuition:
 CE Certificate & Course manual
 Healthful Pesco-Vegetarian cuisine (3 meals daily)
 Yoga mat for use during your stay

To register for double occupancy, please submit both registration forms at the same time. Indicate your roommate's name on the line below.

Roommate's name: _____

3 Please indicate method of payment.

Check enclosed payable to **PESI, Inc.** _____ Total
 Am. Exp. (15 Digits) VISA (13-16 Digits) MC (16 Digits) Discover Novus (16 Digits)

Card Number: _____ Card Expires ____/____/____
 Signature _____ V-Code #: _____

How to Register

Choose the easiest registration method for you:

ONLINE	pesi.com/express/67937	FAX	800-554-9775
PHONE	800-844-8260 <small>Please have credit card available</small>	MAIL	PESI PO BOX 1000 Eau Claire, WI 54702-1000

Retreat Location Information (please do not mail registrations to this address)

Sedona Mago Retreat Center (800) 875-2256	3500 E. Bill Gray Rd Sedona, AZ 86336
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PESI
P.O. Box 1000
Eau Claire, WI 54702-1000
A division of PESI, Inc.

NON-PROFIT ORGANIZATION
U.S. POSTAGE PAID
EAU CLAIRE WI
PERMIT NO. 32729

For additional details, cancellation policy and FAQ go to: pesi.com/express/67937
RETREAT IS LIMITED TO TRAINING PARTICIPANTS ONLY.

HIGHLIGHTS OF THE CENTER

- HEALTHFUL (AND TASTY!) PESCO-VEGETARIAN CUISINE
- STYLISH ACCOMMODATIONS
- YOGA MAT FOR YOUR USE DURING YOUR STAY
- HEALING GARDEN AND LAKE
- VORTEXES
- COVERED PATIOS AND MEDITATION AREAS
- LOUNGE (WITH WiFi ACCESS)
- INCREDIBLE LANDSCAPES

Tools & Modalities for Stabilization & Trauma Processing



COMPLEX TRAUMA CERTIFICATION RETREAT

Breakthroughs in trauma treatment can be difficult to achieve. The work can be exhausting – burning out your client and yourself.

This training opportunity is a MUST if you work with traumatized clients—and an opportunity to safely do personal work in a serene setting.

In 6 days at the beautiful Sedona Mago Retreat Center near Sedona, Arizona, you'll not only build the skills and confidence you need to improve outcomes for your clients but leave feeling restored, revitalized and ready to return to your deeply meaningful work.

Through didactic illustration and explanation; live demonstrations; and a host of experiential exercises this retreat will provide you with the principles of trauma theory, diagnosis, and best practices for effective treatment. You will be guided through the newly updated traumatic stress disorders—those included in—and those excluded from—the new DSM-5®: Simple PTSD, Complex PTSD, Developmental Trauma Disorder and Borderline Personality Disorder. For all but single incident trauma, the tri-phasic model remains today's state-of-the-art treatment approach. Once familiar with the phase model of treatment (including each phase's goals, along with the clinical tools to reach those goals), clinicians will begin to practice using these new tools.

Best of all, **completion of this 6-Day training meets the core educational requirement when applying to become a Certified Clinical Trauma Professional – Level II (CCTP-II)** allowing you to set yourself apart from other practitioners and let clients and colleagues know you've invested the extra time and effort necessary to provide treatment at the highest level!

Limited availability! Register today at pesi.com/express/67937

Reserve today! Limited availability pesi.com/express/67937

Become a Certified Clinical Trauma Professional Level II (CCTP-Level II) & Earn up to 24 CE Hours!

In a retreat setting!

May 19-24, 2019
Sedona Mago Retreat Center
Sedona, Arizona

COMPLEX TRAUMA CERTIFICATION RETREAT

★★ BECOME CERTIFIED ★★

Lead Instructor

Eric Gentry, Ph.D., LMHC, is an internationally recognized leader in the field of disaster and clinical traumatology, having trained thousands of professionals and paraprofessionals worldwide in the treatment of traumatic stress. His doctorate is from Florida State University where he studied with Professor Charles Figley, one of the pioneers of traumatic stress. Dr. Gentry was one of the original faculty members of the Traumatology Institute and later became the co-director of the International Traumatology Institute at the University of Southern Florida. Dr. Gentry, along with Dr. Anna Baranowsky, is the co-author and co-owner of the Traumatology Institute Training Curriculum – 17 courses in field and clinical traumatology leading to seven separate certifications.

Dr. Gentry is the co-author of the critically acclaimed *Trauma Practice: Tools for Stabilization and Recovery* (Third Edition) (Hogrefe and Huber, 2011). His newest books include *Forward Facing Trauma Therapy* (2016) and is the co-author of *Trauma, PTSD, Grief & Loss* (PPM, 2017). Additionally, Dr. Gentry has published many research articles, book chapters, and periodicals in this maturing area of study. He has a private clinical and consulting practice and is adjunct faculty at many universities. Dr. Gentry draws equally from his scientific study and from his rich history of 30+ years of clinical experience with trauma survivors to balance this training with current, empirically grounded information and experienced-based compassionate intervention skills. You will be challenged, inspired, and uplifted by Dr. Gentry and this unique training.

SPEAKER DISCLOSURES: Financial: J. Eric Gentry receives compensation as Owner of Compassion Unlimited. He receives royalties as an author for Hogrefe & Huber Publishing. Dr. Gentry receives a speaking honorarium from PESI, Inc. • Non-financial: J. Eric Gentry has no relevant non-financial relationship to disclose.

Yoga Instructor

Kirsten Voris, RYT-200, TCTSY-F, is a certified trauma-sensitive yoga instructor. Kirsten completed her certification in Trauma-Centered Trauma Sensitive Yoga (TCTSY) at Bessel van der Kolk's The Trauma Center in Boston. She completed her initial yoga certification in Ankara, Turkey, where she brought yoga to clients from the international aid community. Last fall she expanded on this work by facilitating the yoga and meditation component of a training on secondary and vicarious trauma for aid workers in Cusercoli, Italy. She co-creator of the (forthcoming) *Trauma Sensitive Yoga Deck for Kids* (North Atlantic Books).

SPEAKER DISCLOSURES: Financial: Kirsten Voris has an employment relationship with the Pascua Yaqui Tribal Government. She has an employment relationship with the Scientific and Technological Research Council of Turkey. Ms. Voris receives a speaking honorarium from PESI, Inc. • Non-financial: Kirsten Voris has no relevant non-financial relationship to disclose.



PESI sponsored retreat located at Sedona Mago Retreat Center, Sedona, AZ



pesi.com/express/67937

Retreat Content

Day 1 - May 19, 2019

Factors that Produce Trauma and Anxiety
Coping Behaviors
The Impacts of Traumatic Stress on the Brain and Body

Day 2 - May 20, 2019

Assessment of Traumatic Stress Disorders
Review of Effective Treatments and Interventions
Foundational Knowledge of Complex PTSD

Day 3 - May 21, 2019

Causes of and Adaptations to C-PTSD
Self-Regulation and Other Pre-Treatment Skills for Clinicians
Assessment Scales and Checklists

Day 4 - May 22, 2019

The Tri-Phasic Model to Treatment
Stage One – Safety & Stabilization
Stage Two – Remembrance & Mourning/Trauma Resolution
Stage Three – Reconnection/Post-Traumatic Growth and Resilience

Day 5 - May 23, 2019

Trauma-Focused CBT
Avoidance Symptom (Criterion C)
Shame/Dysphoria/Anhedonia/Distorted Thinking (Criterion D)
Cognitive Restructuring
Imaginal Exposure
Arousal & Reactivity (Criterion E)
Self-Regulation
DTE
Forward-Facing Trauma Therapy

Day 6 - May 24, 2019

Demonstrations
Interactive Exercises
Application

Retreat Schedule

May 19 - 24, 2019

Sunday, May 19, 2019

1-3 pm Check-in
3-4 pm Property Tour (you won't want to miss!)
4-5 pm Program Introduction & Overview*
5:30-7 pm Dinner
7:15 pm Evening Session*
8:15 pm Break for Night

Monday - Thursday, May 20-23, 2019

6:30-7:15 am Yoga Experiential (optional)
7:30-8:30 am Breakfast
9 am Morning Session*
11 am-1pm Lunch/Free Time
1:30 pm Afternoon Session*
3:30 pm Break/Free Time
5:30 pm Dinner
7 pm Closing Lecture*
8 pm Break for Night

Friday, May 24, 2019

6:30-7:15 am Yoga Experiential (optional)
7-8:15 am Breakfast
9 am Morning Session*
11 am-1 pm Lunch & Check-out

*CE is awarded during these specified times



This retreat meets ALL the educational requirements when applying to become a Certified Clinical Trauma Professional Level II (CCTP-Level II).

\$50 OFF
Certification Application Fee

Use Code: **TRETREAT19**

Expires 6/31/2019



Visit traumapro.net
for the full certification requirements.



Go to
www.pesi.com/express/67937
for 35 Key Learning Outcomes

Target Audience: Psychologists • Counselors
Social Workers • Psychotherapists
Marriage & Family Therapists • Nurses
Addiction Counselors • Mental Health Professionals

Guarantee



Your satisfaction is our goal — and our guarantee! If you are not satisfied we'll make it right!



Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cespi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards. PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

ADDITION COUNSELORS: This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 24.0 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

COUNSELORS: This intermediate activity consists of 24.0 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

MARRIAGE & FAMILY THERAPISTS: This activity consists of 1440 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

NURSES/NURSE PRACTITIONER/CLINICAL NURSE SPECIALISTS: PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Nurses in full attendance will earn 24.0 contact hours. PARTIAL CONTACT HOURS WILL BE AWARDED FOR PARTIAL ATTENDANCE.

PSYCHOLOGISTS: This activity consists of 24.0 clock hours of continuing education instruction. The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACCME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, Pennsylvania, South Carolina and Wisconsin. Certificates of attendance will be issued for you to submit to your state licensing board to recognize for continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education. PESI, Inc. designates this live activity for a maximum of 24.0 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.



SOCIAL WORKERS: PESI, Inc. Provider #:1062, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), www.aswb.org through the Approved Continuing Education (ACE) Program. PESI, Inc. maintains responsibility for the program. ASWB Approval Period: January 27, 2017 - January 27, 2020. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course will receive 24.0 (Clinical Practice) continuing education clock hours for this intermediate course. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation. Full attendance is required; no partial credits will be offered for partial attendance.



OTHER PROFESSIONS: This activity qualifies for 1440 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

