

30th Annual

Seaport World Trade Center
Boston, Massachusetts

May 29 - June 1, 2019

International Trauma Conference

Psychological Trauma

Neuroscience, Embodiment, and the Restoration of the Self

FEATURING

Conference Director:

Bessel A. van der Kolk, MD

With:

Beatrice Beebe, PhD

Tarana Burke

Julian D. Ford, PhD, ABPP

Donna Hicks, PhD

Ruth Lanius, MD, PhD

Cathy Malchiodi, PhD

Michael Mithoefer, MD

Bruce D. Perry, MD, PhD

Richard C. Schwartz, PhD

Ali Smith

Martin H. Teicher, MD, PhD

Ed Tronick, PhD

Robert Whitaker

Stephan Wolfert, MFT

and many more!

The study of trauma has probably been the single most fertile area in helping to develop a deeper understanding of the relationship among the emotional, cognitive, social and biological forces that shape human development. Starting with post-traumatic stress disorder (PTSD) in adults and expanding into early attachment and overwhelming attachment and social experiences in childhood (“Developmental Trauma”), this endeavor has elucidated how certain experiences can “set” psychological expectations, bodily experiences and biological selectivity.

When addressing the problems of traumatized people who, in a myriad of ways, continue to react to current experience as a replay of the past, there is a need for therapeutic methods that do not depend exclusively on drugs, talk or understanding. We have learned that most experience is automatically processed on a subcortical level of the brain; i.e., by “unconscious” interpretations that take place outside of conscious awareness. Insight and good intentions have only a limited influence on the operation of these subcortical processes, but synchrony, movement and reparative experiences do. This conference will present both basic research about the impact of trauma over the life cycle, and a range of effective interventions that are being practiced in clinics, schools, prisons, families, and communities around the world.

A Perfect Waterfront Location

Seaport World Trade Center & Seaport Hotel

The Seaport Boston Hotel & Seaport World Trade Center provides you with refreshingly different style and service. Located on the waterfront in the bustling Seaport District, the Seaport Boston Hotel offers you luxury accommodations with dazzling city and harbor views and incredibly convenient access to all major points of interest including the Financial District, Freedom Trail, Faneuil Hall, Fan Pier and the North End.

Enjoy complimentary wireless Internet access throughout the hotel plus one of Boston’s finest fitness facilities including an indoor heated pool. It’s just minutes from Logan International Airport with its own MBTA and water taxi stops! Experience the historic city while staying at Seaport, one of the most luxurious Boston hotels.

Reservations

Conference attendee rate is \$275 per night. Reservations can be made directly with the hotel; call toll-free 1-877-SEAPORT.

Please mention that you are attending the Trauma Conference.



Hotel Information

The Seaport Hotel
(adjacent to the World Trade Center)
One Seaport Lane
Boston, MA 02210
Phone: 877-732-7678
Website: seaportboston.com

Conference Location

Seaport World Trade Center
200 Seaport Blvd
Boston, MA 02210
Phone: (877) 732-7678

Reserve Early! Rooms Sell out Fast!

International Trauma Conf

PRE-CONFERENCE

WEDNESDAY, MAY 29, 2019

1. **The Use of Mind-Altering Substances- MDMA, Psilocybin, and Marijuana for Treating PTSD and Other Mental Distress**
2. **Trauma-Informed Community Interventions: Working with Marginalized Groups in Global Settings**
3. **Clinical Applications of the Polyvagal Theory**

Wednesday Evening at the Movies

7:30 PM
"Cracked Up" Michelle Esrick

Discussants: Bessel A. van der Kolk, MD & Director Michelle Esrick
In "Cracked Up" we witness the impact adverse childhood experiences can have across a lifetime through the incredible story of actor, comedian, master impressionist and Saturday Night Live veteran, Darrell Hammond. Behind the scenes Darrell suffered from debilitating flashbacks, self-injury, addiction and misdiagnosis, until the right doctor isolated the key to unlocking the memories his brain kept locked away for over 50 years. "Cracked Up" creates an inspiring balance between comedy and tragedy helping us understand the effects of childhood trauma in a new light, breaking down barriers of stigma and replacing shame with compassion and hope.

CRACKED UP trailer: www.CrackedUpMovie.com

THURSDAY, MAY 30, 2019




4. **From Embodied to Symbolic: Explore Innovative Child Trauma Approaches to Physical Balance, Mutual Attunement, Self-Regulation, & Attachment-Building**
5. **A Comprehensive Approach to Neurofeedback for Trauma Related Dysregulation: Integration with Therapeutic Attunement, Biofeedback & Other Body/Mind Approaches**
6. **Social Conditions and Restorative Justice**
7. **Expressive Arts as Healing Engagement: Deepening the Therapeutic Experience**

MAIN CONFERENCE

FRIDAY, MAY 31, 2019

- 8:00 – 8:30 am **Registration**
- 8:30 – 8:45 am **Three Decades of Explorations in Trauma: Welcome & Introduction**
Bessel A. van der Kolk, MD
- 8:45 – 9:45 am **A Neurodevelopmental Model of Treatment Intervention**
Bruce Perry, MD, PhD
- 9:45 – 10:45 am **Me Too: At the Intersection of Sexual Violence and Racial Justice— A Fireside Chat with Tarana Burke **
Tarana Burke
- 10:45 – 11:05 am **Coffee Break**
- 11:05 am – 12:05 pm **Psychiatry Under the Influence: Institutional Corruption, Social Injury and Prescriptions for Reform **
Robert Whitaker
- 12:05 – 12:30 pm **Panel Discussion & Questions**
Faculty & Conference Participants
- 12:30 – 1:45 pm **Lunch (on your own)**
- 1:15 – 1:45 pm **Chair Yoga (optional) **
Josefin Wikstrom
- 1:45 – 2:45 pm **Key Interaction Patterns Between Mothers and Infants, Videotaped Illustrations: Implications for Long-Term Adaptation and Clinical Interventions**
Beatrice Beebe, PhD
- 2:45 – 3:00 pm **Coffee Break**
- 3:00 – 5:00 pm **Afternoon Workshops (see options on right)**
- 5:00 pm **Social Time – Meet & Greet**
- 5:30 pm **Friday Night Poster Session!**
We invite you to share your work in a Science Fair-style session. All types of projects and career levels are welcome: qualitative and quantitative research, case studies, program evaluation, etc. Students can elect to have their posters judged for the International Trauma Conference Poster Award. To participate, please email your title and abstract (200 words or less) to **Wendy D'Andrea, PhD: dandrea@newschool.edu** by **May 1**. You will receive poster instructions after receipt of your submission.

SATURDAY, JUNE 1, 2019

- 8:00 – 8:30 am **Registration**
- 8:30 – 9:20 am **Trust and Meaning Making in Parent-Child Interactions**
Edward Tronick, PhD
- 9:20 – 10:20 am **The Enduring Neurobiological Effects of Abuse and Neglect**
Martin Teicher, MD, PhD
- 10:20 – 10:40 am **Panel Discussion**
Faculty & Conference Participants
- 10:40 – 11:00 am **Coffee Break**
- 11:00 – 11:50 am **The Evolution of Developmental Trauma Disorder**
Julian Ford, PhD, ABPP
- 11:50 am – 12:10 pm **Panel Discussion**
Edward Tronick, PhD, Martin Teicher, MD, PhD, Julian Ford, PhD, Ruth Lanius, MD, PhD, & Richard C. Schwartz, PhD
- 12:10 – 1:30 pm **Lunch (on your own)**
- 12:45 – 1:20 pm **Yoga (optional) **
Josefin Wikstrom
- 1:30 – 2:30 pm **Expressive Arts as Healing Engagement**
Cathy Malchiodi, PhD
- 2:30 – 3:30 pm **DE-CRUIT: Treating Trauma in Military Veterans through Shakespeare & Science**
Stephan Wolfert, MFT and Alisha Ali, PhD
- 3:30 – 3:45 pm **Panel Discussion**
Faculty & Conference Participants
- 3:45 – 4:00 pm **Afternoon Break**
- 4:00 – 5:00 pm **Dealing with Trauma in the Heart of the Community: Implement a Comprehensive Yoga Program in a Large Public School System **
Ali Smith, Altman Smith, and Andres Gonzales of the Holistic Life Foundation
- 5:00 – 5:30 pm **Closing: Quaker Style Sharing & Debriefing (Optional) **

FRIDAY-AFTERNOON WORKSHOPS

Workshop 1

Revisit the Treatment of Schizophrenia: Can Voices be Best Understood as Parts and Effectively Treated with Internal Family Systems Therapy?

Richard C. Schwartz, Ph.D.

Workshop 2

How Body Experience Impacts and Alters the Sense of Self: Neuroscience Research Meets Experiential Inquiry

Wendy 'd Andrea, PhD, Ruth Lanius, MD, PhD, & Licia Sky

Workshop 3

Attachment and Trauma Therapy in Japan: A Multicultural Perspective

Terry Levy, PhD, Sumiko Hennessy, PhD, Akemi Sakakibara, PhD, & Kenichi Shimada, MA

Workshop 4

Consultation and Follow-Up

Bruce Perry, MD, PhD

Workshop 5

Revisit the "Corrective Emotional Experience": Creating Deep Imprints of Safety and Resonance Using Psychodramatic Techniques

Bessel A. van der Kolk, MD

Workshop 6

Videofeedback Therapy for a Traumatized Adult Patient Who Does Not Look

Beatrice Beebe, PhD

Workshop 7

America's Opioid Epidemic, Our Nation's 911 call. Medications for the Treatment of Opioid Use Disorders: Myths and Misconceptions

Ximena Sanchez Samper, MD & Kevin McCauley, MD

** Workshop selection can be chosen onsite.*

 = CE Credit is not available

Pre-Conference Institutes

WEDNESDAY, MAY 29

Choose One Full-Day Workshop

Workshop 1: The Use of Mind-Altering Substances- MDMA, Psilocybin, and Marijuana for Treating PTSD and Other Mental Distress

Michael Mithoefer, MD, Rick Doblin, PhD, William Richards, PhD, Daniel McQueen, MA, Richard Schwartz, PhD, Bessel A. van der Kolk, MD, James Hopper, PhD, Anne St Goar, MD, Elizabeth Call, PsyD, Susan Walker, MD, Francis Guerriero, MA, LICSW, & Michael Alpert, MD

For the first time in over four decades, researchers are returning to examining the therapeutic benefits of mind altering substances, including MDMA (ecstasy), psilocybin (mushrooms), marijuana and LSD. In the 1970s the study of all psychedelics was criminalized in the US, despite emerging evidence of their medical value. Over the past decade, the Multidisciplinary Association of Psychedelic Studies (MAPS) has helped to revive psychedelic research, sponsoring studies across the United States and around the world, including MDMA-assisted therapy for PTSD, and end-of-life anxiety. The results have been very positive, lasting over 72 months of follow-up, with few adverse effects. Psychedelics may promote a deepening and acceleration of the psychotherapeutic process. During therapy, people often are able to access and find peace with disavowed, "exiled" parts of themselves. In this workshop the founder of MAPS will describe the evolution of psychedelic therapy, the principal investigator of the Phase I and II level trials will discuss outcomes and processes, the PI of the Hopkins psilocybin study terminally ill patients and a marijuana researcher the promises and pitfalls for that substance. The Boston MDMA study team will discuss clinical experiences and applications. In appropriate therapeutic contexts, psychedelics may prove to be more effective than most conventional treatments, as well as safer and more cost-effective.

Workshop 2: Trauma-Informed Community Interventions: Working with Marginalized Groups in Global Settings

Josefin Wikstrom, YE-RYT 500, YAACEP, RCYT, Licia Sky, Mike Niconchuk, MSc, Sarah Beranbaum, MA, Matt Mattila, Vivian Khedar, Wendy d'Andrea, PhD

This preconference workshop will cover the topic of incorporating embodied, trauma-informed practices into community settings from the perspective of three programs working with children and adults across five continents. The morning session will focus on using yoga to promote trauma recovery with incarcerated people; the afternoon session will demonstrate a trauma-informed sports program with youth in South Africa and a neuroscience-based storytelling and psychoeducational tool utilized in a Syrian refugee

camp. All sessions will a) provide experiential demonstrations, b) examine the role that program staff play in developing culturally-embedded programs; and c) describe the outcomes data suggesting program impact.

Workshop 3: Clinical Applications of the Polyvagal Theory

Ana do Valle, OTR, SEP, Deb Dana, LCSW, Prahlad Galbiati, Benjamin Fry, Randall Redfield, & Karen Onderko

The Polyvagal Theory is part of our shared history of understanding that mental, behavioral and physical health problems can originate in the nervous system. Engagement with this theory has led clinicians to look at its clinical implications through the lens of autonomic regulation and dysregulation. Many clinicians are now seeking to work with and to understand how the organizing principles of neuroception, hierarchy, and co-regulation impact on and can be used in the treatment process. Polyvagal Theory suggests a role for physical stimulation and measurement as part of the clinical process. This workshop explores how to incorporate these scientific tools into more traditional talk-therapy protocols of practice.

Both the morning and afternoon session will present case studies, video and a live practical demonstration of the technology in simulated clinical practice. The morning session will present a relational multisensory model for utilizing the Safe and Sound Protocol (SSP) in clinical practice. The afternoon session will present the use of the PhysioCam to provide live measurement and feedback on autonomic state during clinical sessions.

THURSDAY, MAY 30

Choose One Full-Day Workshop

Workshop 4: From Embodied to Symbolic: Explore Innovative Child Trauma Approaches to Physical Balance, Mutual Attunement, Self-Regulation, & Attachment-Building

SMART team: Elizabeth Warner, PsyD, Alexandra Cook, PhD, Anne Westcott, LICSW, & Heather Finn, LICSW; Theraplay® team: Dafna Lender, LCSW & Phyllis Booth, MA; PPIP team: Beatrice Beebe, PhD; & Ruth Lanius, MD, PhD

Disrupted bodily regulation and attachment processes in traumatized children present profound clinical challenges. Through video case presentation and presenter discussion, we will examine three innovative treatments targeting somatic regulation and attachment building without reliance on symbolic language. By comparing Sensory Motor Arousal Regulation Treatment, Psychoanalytic Psychotherapy with Infants & Parents, and Theraplay®, each a bottom-up, embodied

and developmentally grounded approach, we will explore the mechanisms of growth, the interventions that seem to promote regulation and increase attachment actions, and consider the neurobiological underpinnings of these processes.

Workshop 5: A Comprehensive Approach to Neurofeedback for Trauma-Related Dysregulation: Integration with Therapeutic Attunement, Biofeedback & Other Body/Mind Approaches EW

Ainat Rogel, PhD, Diana Martinez, MD, PhD, Sebern Fisher, MA, BCN, Elya Steinberg, MD, & Inna Khazan, PhD

Understanding that trauma alters and dysregulates brain activity opens new state of the art methods of treatment which directly target disturbed neuronal pathways. One such treatment, neurofeedback, leverages recent research results that relate neuronal pathways and brain areas affected by the trauma with executive functioning, safety, sense of self, different self-states, bodily based aspects (e.g. physical balance, movement, voice modulation, interoceptive sensations) shame and agency.

This experiential workshop brings together researchers, clinicians and neurofeedback practitioners who are exploring ways in which we can apply the neuroscience of trauma to clinical practice by integrating it with psychotherapy, biofeedback, bodywork and mindfulness. The workshop will start with an explanation of the basics of neurofeedback and review the existing research with practical implications. Next, the impact of neurofeedback on developmental trauma by calming down the fear-driven brain and improving emotion regulation. The major part of the workshop will be dedicated to integrating neurofeedback into clinical settings, that will include hands-on experience.

Workshop 6: Social Conditions and Restorative Justice

Licia Sky, Tarana Burke, Donna Hicks, PhD, Kimbell DiCero, PsyD, James Hopper, PhD, Melissa Freeman & Red Stage Stories; Ali Smith & members of the Holistic Life Foundation

This pre-conference workshop will bring together various voices from the field to explore the intersections of social justice, trauma, and mental health. We will examine how as clinicians, researchers, educators and healers working with trauma-impacted individuals and communities we must consider the socio-political context in which trauma occurs, as well as the ways in which institutions and systems of oppression continue to perpetuate trauma and create barriers to healing. Join us in exploring, from a social justice framework, how we define and understand trauma, how these definitions and understandings dictate how, who, and where we treat, and how we collectively can work towards personal, interpersonal, and systemic healing and change.

In this day-long workshop, hear from individuals and groups in the field who are changing the way we see, understand, and treat trauma. Licia Sky, Secretary of the Trauma Research Foundation, will moderate this critically important day, which will begin with an embodied experience of stepping into a different way of seeing and knowing this work, led by Trauma Center Fellows, Mariah

 = CE Credit is not available

EW = Experiential workshop - comfortable, loose-fitting clothing is suggested

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|----------------------------|--------------------|
| REGISTRATION | 8:00 – 8:30 AM |
| MORNING PROGRAM | 8:30 AM – 12:30 PM |
| LUNCH (ON YOUR OWN) | 12:30 – 2:00 PM |
| AFTERNOON PROGRAM | 2:00 – 5:15 PM |

Faculty

Rooney O'Brien and Dominique Malebranche. Innovators from the field will lead us throughout the day: Ali Smith of the Holistic Life Foundation will present on bringing mindfulness and yoga to the public schools of Baltimore; Kimbell DiCero on bringing adolescent parents into attachment repairing Small Circles; Donna Hicks addressing the power of dignity in political and social negotiations; Jim Hopper on addressing restorative justice in cases of sexual violence; and Melissa Nussbaum and the Red Stage Stories Troupe demonstrating how Playback Theater brings social healing theater to communities.

Workshop 7: Expressive Arts as Healing Engagement: Deepen the Therapeutic Experience **EW**

Cathy Malchiodi, PhD

Expressive arts not only cultivate the healing powers of imagination, they also mobilize the social engagement system through play, improvisation, musicality, movement, and creativity. When integrated into therapy, they can revitalize and energize clients, helping them to engage more fully in the present while deepening implicit and meaningful sensory-based communications. In this hands-on workshop, you'll experience how to "get past talk" with creative, action-oriented methods, including: 1) Arts-based approaches to enhance and deepen empathy, compassion, and interpersonal connection in our clients and ourselves, 2) A brain-wise, bottom-up model for applying the expressive arts to facilitate the body's natural resources for transformation and healing. 3) Improvisation, dramatic enactment, gesture, bilateral movement, art making, and play as foundational practices to facilitate social engagement.

CONFERENCE OBJECTIVES

The objective of this conference is to present current understanding of how people's minds, brains, bodies and social organizations respond to traumatic experiences, and what currently appear to be the optimal clinical interventions, including the role of relationships, movement, synchrony, justice and processing to protect and restore safety and regulation.

Central is the role of affect regulation and the resolution of misinterpretation of innocuous stimuli as threats, which require interventions that can restore a sense of active mastery and the capacity to mindfully focus on the demands of the present.

We will also explore how different populations, ethnic groups and cultures may deal differently with traumatic experiences, and address how the legacy of trauma, systematic discrimination, isolation, blame, and social inequality can have profound effects on the capacity to cope and recover from trauma.

PLENARY FACULTY SPEAKERS

Beatrice Beebe, PhD, Clinical professor of medical psychology (in psychiatry), College of Physicians & Surgeons, Columbia University; New York State Psychiatric Institute. She directs a basic research lab on mother-infant communication. Author of six books, including *The Mother-Infant Interaction Picture Book: Origins of Attachment*.

Tarana J. Burke, Founder, "Me Too" movement. Activist and advocate at the intersection of sexual violence and racial justice. Fueled by commitments to interrupt sexual violence and other systemic inequalities disproportionately impacting marginalized people, particularly black women and girls. She is the recipient of the 2018 MIT Media Lab Disobedience Award.

Julian D. Ford, PhD, ABPP, Professor, department of psychiatry and law, University of Connecticut; President International Society for Traumatic Stress Studies (ISTSS); director, Center for the Treatment of Developmental Trauma Disorders and Center for Trauma Recovery and Juvenile Justice; co-author, *Treatment of Complex Trauma & Hijacked by Your Brain: How to Free Yourself when Stress Takes Over*; author, *Post-traumatic Stress Disorder: Scientific and Professional Dimensions*; co-editor, *Treating Complex Traumatic Stress Disorders & Treating Complex Traumatic Stress Disorders in Children and Adolescents*.

Donna Hicks, PhD, Associate at the Weatherhead Center for International Affairs, Harvard University; formerly deputy director of Program on International Conflict Analysis and Resolution (PICAR). She worked extensively on the Israeli/Palestinian conflict on the conflicts in Northern Ireland and Colombia Syria and Libya. Author: *Dignity: It's Essential Role in Resolving Conflict, & Leading with Dignity: How to Create a Culture That Brings Out the Best in People*.

Ruth Lanius, MD, PhD, Professor, department of psychiatry, University of Western Ontario; co-editor, *The Impact of Early Life Trauma on Health and Disease: The Hidden Epidemic & Healing the Traumatized Self: Consciousness, Neuroscience & Treatment*.

Michael Mithoefer, MD, clinical assistant professor of psychiatry at the Medical University of South Carolina. In 2009 he completed & published the first FDA approved clinical trial of MDMA assisted psychotherapy for treatment-resistant PTSD, followed by completion of a Phase II trial. He is overseeing a multisite Phase III study of MDMA-assisted psychotherapy in 13 sites around the US (including the Trauma Research Foundation), and another MDMA-assisted psychotherapy multisite study in Europe and Israel.

Bruce D. Perry, MD, PhD, Senior fellow, The Child Trauma Academy; adjunct professor, department of psychiatry and behavioral sciences, Feinberg School of Medicine, Northwestern University; senior fellow, Berry Street Childhood Institute, Melbourne, Australia. Co-author (with Maia Szalavitz), *The Boy Who Was Raised as a Dog* and *Born for Love: Why Empathy is Essential*.

Richard C. Schwartz, PhD, Founder of the Center for Self-Leadership; faculty Harvard Medical School; Author: *You Are The One You've Been Waiting For*; *Internal Family Systems Therapy*; *Introduction to the Internal Family Systems Model*; and *The Mosaic Mind*; and *Metaframeworks*.

Ali Smith, Executive director, the Holistic Life Foundation He has helped develop and pilot yoga and mindfulness programs at public and private schools, drug treatment centers, juvenile detention centers, mental crisis facilities, and retreat centers, nationally and internationally. Ali has authored a series of children's books, and co-authored several yoga and mindfulness-based curriculum's, as well as developed numerous workshops and trainings.

Martin H. Teicher, MD, PhD, Associate professor of psychiatry at Harvard Medical School; director of the Developmental Biopsychiatry Research Program and Laboratory of Developmental Psychopharmacology at McLean Hospital. His research studies range from inquiries into the molecular mechanisms of brain development to brain-imaging studies of the effects of childhood maltreatment on brain development.

Ed Tronick, PhD, University distinguished professor, University of Massachusetts Boston; Infant-Parent Mental Health Program; Department of Newborn Medicine, Harvard Medical School, author, *The Neurobehavioral and Social Emotional Development of Infants and Children*.

Bessel A. van der Kolk, MD, Professor of psychiatry, BUSM; medical director, Trauma Center, president, Trauma Research Foundation; past president, ISTSS; author, NYT Science best seller *The Body keeps the score: Brain, Mind and Body in healing from Trauma*, translated into 24 languages.

Robert Whitaker, author, *Anatomy of an Epidemic*, and publisher of the web magazine, *Mad in America*.

Stephan Wolfert, MFT, Playwright, performer; executive director, De-Recruit. Founding artistic director of Shakespeare & Veterans and the Veterans Center for the Performing Arts. Company member, Bedlam Theater, NYC. Combining his own personal story of leaving the army with Shakespeare's writings on war, he created *Cry Havoc!* which he has performed around the world to critical acclaim.

WORKSHOP FACULTY

Alisha Ali, PhD, Associate professor in the department of applied psychology at New York University. Oversees evaluation and manualization of DE-CRUIT.

Michael D. Alpert, MD, Psychiatrist, South Cove Community Health Center, Boston Harvard Medical School; MDMA Therapy team member, the Trauma Research Foundation.

Sarah Beranbaum is a PhD candidate in Clinical Psychology at the New School for Social Research, and a researcher in the Trauma and Affective Psychophysiology Lab, led by Dr. Wendy d'Andrea. Sarah is a contributing author for the Field Guide, a community trainer, and a licensed yoga instructor.

Phyllis Booth, MA, Clinical director emerita of The Theraplay® Institute in Chicago. With Ann Jernberg she created the Theraplay® method for helping children and families with attachment and relationship problems. Primary

author: *Theraplay®: Helping Parents and Children Build Better Relationships Through Attachment-Based Play*.

Elizabeth Call, PsyD, Psychologist in private practice. Therapy team member, MDMA study, the Trauma Research Foundation.

Alexandra Cook, PhD, is treasurer, Trauma Research Foundation & founding partner of SMARTMoves; co-author of the SMART treatment manual.

Deb Dana, LCSW, Coordinator Traumatic Stress Research Consortium, Kinsey Institute, Indiana University; Author *The Polyvagal Theory In Therapy: engaging the rhythm of regulation*.

Wendy D'Andrea, PhD, Associate professor of psychology at The New School for Social Research in New York, NY. Her research focuses on physiological manifestations and consequences of complex trauma.

Faculty

Conference Specifically Designed For:

Social Workers, Counselors, Psychologists, Nurses, Physicians, Addiction Counselors, Marriage & Family Therapists, Occupational Therapists and Occupational Therapy Assistants, Psychiatrists, and other Mental Health Professionals

Kimbell DiCero, PsyD, Adjunct professor, Lesley University and Bunker Hill Community College-Lesley University Program Partnership; Infant Parent Mental Health, Program, UMassachusetts

Rick Doblin, PhD, Executive director, Multidisciplinary Association for Psychedelic Studies (MAPS) chair of the board of directors MAPS Public Benefit Corporation.

Ana do Valle, OTR, SEP, Occupational therapist with a specialization in the nervous system and Polyvagal Theory.

Michelle Esrick, is an award-winning filmmaker, including "Let's Rise"; "The Wavy Gravy Movie: Saint Misbehavin," "Ram Dass, Going Home" (short listed for an Academy Award), and her new film "Cracked Up", about the long term effects of childhood trauma told through "Saturday Night Live" veteran, Darrell Hammond. They showed the film on Capitol Hill and assisted in adding 9 provisions for trauma informed care into the (SUPPORT) for Patients and Communities Act, signed into law on October 24th, 2018.

Heather Finn, LICSW, is a partner of SMARTMoves, trains, consults and supervises in SMART and ARC locally and around the US.

Sebern Fisher, MA, BCN, Psychotherapist and neurofeedback consultant, Northampton, Mass. Author, *Neurofeedback in the Treatment of Developmental Trauma: Calming the Fear-Driven Brain*.

Melissa Nussbaum Freeman, actor, director, playwright, teaching artist, Cuernavaca, Mexico. founder/director of Red Sage Stories for Social Change, multi-cultural, multi-lingual, intergenerational, Dorchester/Roxbury community-based ensemble that has worked in Jordan, Palestine and around the US.

Benjamin Fry, Founder of Khiron House, Oxfordshire, UK.

Prahlad Galbiati, Craniosacral therapist, SEP and clinical director of Khiron House, Oxfordshire, UK.

Andres Gonzalez, MBA, Co-founder and marketing director for the Holistic Life Foundation, Inc. in Baltimore, MD since 2001. He has partnered with John Hopkins Bloomberg School of Health and the Penn State's Prevention Research Center on a Stress and Relaxation Study and is a published author in the *Journal of Children's Services*.

Francis Guerriero, MA, LICSW, Private practice, Cambridge, MA; MDMA Therapy team member, The Trauma Research Foundation.

Sumiko T. Hennessy, PhD, Founder, Crossroads for Social Work, LLC to train Japanese social workers and mental health professionals both in Japan and in the US; founder Japanese branch of Attachment Treatment and Training Institute (ATTI).

James W. Hopper, PhD, Independent consultant and instructor in psychology, Cambridge Health Alliance & Harvard Medical School. Co-editor, *Mindfulness-oriented interventions for trauma: Integrating contemplative practices. The MDMA Team, Trauma Research Foundation*.

Inna Khazan, PhD, clinical psychologist specializing in health psychology and performance excellence at Harvard Medical School Author *Clinical Handbook of Biofeedback and the upcoming Biofeedback and Mindfulness in Everyday Life*.

Terry M. Levy, PhD, Director, Evergreen Psychotherapy Center and the Attachment Treatment and Training Institute; co-founder ATTACH. Co-author *Attachment, Trauma & Healing and Healing Parents: Helping Wounded Children Learn to Trust and Love*.

Dafna Lender, LCSW, Program director for The Theraplay® Institute. Co-author, *Working with Traumatized Children in Theraplay®*.

Cathy Malchiodi, PhD, REAT psychologist and expressive arts therapist, founder and director of the Trauma-Informed Practices and Expressive Arts Therapy Institute. She writes the Arts and Health column for *Psychology Today Online*, with a following of 4.8 million readers. Author of *Handbook of Art Therapy, Expressive Therapies, and Art Therapy Sourcebook*.

Diana Martinez MD, PhD, CEO of Necemod (Neuromodulation Center), Mexico. Director of Neurofeedback Clinic at Boston Neurodynamics and the Trauma Research Foundation.

Kevin McCauley, MD, is a senior fellow at The Meadows and the writer and director of two films on the neuroscience of addiction.

Daniel McQueen, MA, Psychedelic therapist and executive director of Medicinal Mindfulness author: *Conscious Cannabis: Path of Gentle Power. An Introduction to Cannabis-Assisted Psychedelic Therapy for Trauma Resolution*.

Michael Niconchuk is the Senior Researcher at the Beyond Conflict Innovation Lab for Neuroscience and Social Conflict. Mike brings 10 years of experience in complex emergencies in the Middle East and Latin America, with specific focus on the translation of neuroscience research into field programs for violence prevention and mental health. He is the lead author of the *Field Guide for Barefoot Psychologists*.

Karen Onderko, Director of research and education at iLS.

Randall Redfield, CEO and co-founder of Integrated Listening Systems (ILS), a multi-sensory program which integrates music and movement for the purpose of improving emotional regulation, sensory/cognitive processing and motor function.

William Richards, PhD, Psychologist, Johns Hopkins Bayview Medical Center where he is co-director of the program in psilocybin for terminally ill cancer patients. Contributor *Fantastic Fungi*.

Ainat Rogel, PhD, BCIA certified neurofeedback provider and supervisor cofounder and co-director of Boston Neurodynamics, affiliate of the Trauma Center and the Trauma Research Foundation.

Akemi Sakakibara, PhD, director Life Design, Inc. which provides mental health education to industry in Japan. Founder & director, ATTI Japan.

Ximena Sanchez Samper, MD, is a board-certified addictions psychiatrist, medical director at Spring Hill Recovery Center. Instructor Harvard Medical School.

Kenichi Shimada, MA, Shipley Japan, Ltd, specializing in providing psychological therapy for working adults; co-director ATTI Japan.

Licia Sky, Secretary of the Trauma Research Foundation; singer/songwriter who leads songwriting retreats for self-discovery and embodied voice, guiding awareness experiences that build safety, community and attunement.

Atman Smith, Co-founder of the Holistic Life Foundation, and director of development. Since 2001, he has been teaching yoga and mindfulness to a diverse population including underserved and high-risk youth in Baltimore City Public Schools, drug treatment centers, wellness centers, and colleges.

Elya Steinberg, MD, head of training and co-director of the Centre for Biodynamic Psychotherapy in London, UK. Biodynamic psychotherapist who integrates Biodynamic psychology, bioenergy, neurofeedback, psychological trauma work, martial arts and integrative medicine.

Anne St. Goar, MD, Primary care physician at HVMA, emeritus, certified psychedelic therapist; Boston MDMA Therapy team member with the Trauma Research Foundation.

Elizabeth Warner, PsyD, Board trauma research foundation and partner in SMARTMoves LLC; lead author on the SMART manual.

Anne Westcott, LICSW, is a clinical social worker; co-developer of SMART, partner in SMARTMoves, and on the faculty of Sensorimotor Psychotherapy Institute.

Susan Walker MD, Instructor in psychiatry, Harvard Medical School. Child and Adolescent Psychiatrist, Cambridge Health Alliance. MDMA Therapy Team Member, the Trauma Research Foundation.

Josefin Wikström (YE-RYT 500, YACEP, RCYT) Main teacher and international coordinator for the Prison Yoga Project, teaching in Sweden, US, India, Mexico and beyond. She co-created the evidence-based Swedish Krimiyoga program in Sweden. On International Yoga Day 2018 she addressed the House of Lords on the therapeutic potential of yoga in prisons.

CONTINUING EDUCATION

CE certificates will be available online at the conclusion of the conference after completing the Evaluation Form that will be emailed to you. You will then be able to immediately print your conference Certificate. Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch. If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval.

For other credit inquiries not specified above, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards. PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker. If you are not satisfied with a seminar, call us at (800) 844-8260. If any attendee is not pleased with the resolution provided by PESI, they may register a complaint with the accrediting entity or their jurisdictional board.

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Massachusetts Mental Health Counseling Association/
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application submitted

SOCIAL WORKERS

Association of Social Work Boards

ADDICTION COUNSELORS

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OCCUPATIONAL THERAPISTS AND OCCUPATIONAL THERAPY ASSISTANTS

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NURSE/NURSE PRACTITIONERS/CLINICAL NURSE SPECIALISTS

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30th Annual

REGISTRATION FORM

May 29-June 1, 2019

International Trauma Conference

Please complete entire form (to notify you of seminar changes) please print; staple duplicate forms

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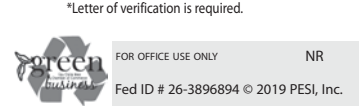
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| Pre-Conference: Thursday Only May 30, 2019 | Choose One Workshop: Thursday ■ 4 ■ 5 ■ 6 ■ 7 | <input type="checkbox"/> \$195 | <input type="checkbox"/> \$255 | <input type="checkbox"/> \$190* |
| Pre-Conference: Wednesday & Thursday May 29-30, 2019 | Choose One For Each Day: Wednesday ■ 1 ■ 2 ■ 3 Thursday ■ 4 ■ 5 ■ 6 ■ 7 | <input type="checkbox"/> \$340 | <input type="checkbox"/> \$370 | <input type="checkbox"/> \$260* |
| Main Conference: Friday & Saturday May 31-June 1, 2019 | | <input type="checkbox"/> \$350 | <input type="checkbox"/> \$395 | <input type="checkbox"/> \$260* |
| Main Conference Thursday – Saturday May 30 – June 1, 2019 | Choose One Workshop: Thursday ■ 4 ■ 5 ■ 6 ■ 7 | <input type="checkbox"/> \$435 | <input type="checkbox"/> \$495 | <input type="checkbox"/> \$330* |
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