

OUTLINE

Client Assessment: Ask the Right Questions

- Conduct comprehensive assessments
 - Mini mental status exam
 - Lethality assessment: Suicide and homicide
 - Substance use assessment
 - Trauma assessment
- Tips and strategies for eliciting the right information

The Suicidal Client: More than 13 Reasons Why

- High-risk populations—who is most at risk?
- Implicit and explicit expressions of suicidal ideation and intent
- Self-injurious behavior and suicidal ideation
- Suicide assessment and interviews: Ideation, plans, means, intent
- What do I do now? —Disposition & safety planning
 - Why “No-Harm Contracts” are harmful
 - Breaking client confidentiality
 - When in doubt, do what?

- Hospitalization process
- After the ER: When clients are not admitted

Case studies:

- Michelle—Teenager experiencing suicidal ideation
- William—The intersection of substance use, mental illness and suicidality

The Violent Client: Manage Dangerous Situations

- Dealing with our fears: Clinicians’ safety concerns
- When the clinician is the target
- When others are the target
- De-escalation techniques
- Preventative planning
 - Office layout
 - Keeping good boundaries
 - Police involvement before a crisis

Safety planning

- When to call 911
- Hospitalization process

Duty to warn

Case studies:

- George—Handle a violent client
- Dale—Practice duty to warn

The Addicted Client: What ALL Clinicians Need to Know

- How misdiagnosis harms clients
- Signs of intoxication
- Imminent risk: Signs and symptoms of overdose
- Identify withdrawal syndromes
- Accurate diagnosis and treatment matching
- Drug basics that clinicians should know:
 - Opioids and the opioid crisis (heroin, fentanyl and emerging drugs)
 - Stimulants (cocaine, “bath salts,” methamphetamine)
 - Cannabinoids (“shatter,” spice)
 - Other chemicals (DXM, “Special K,” Ayahuasca)

When and how to refer to a higher level of care

Case studies:

- Percy—Opioid crisis in the waiting room
- Cathy—Bipolar disorder? Think again

The Traumatized Client: Help Without Hurting

- Recognize trauma in clients
- The risk of misdiagnosis
- Dangers of improper treatment
- Strategies for trauma-informed care
 - First and foremost: Safety inside and outside the clinic

- The role of mindfulness
- Go slow...but go

Understand levels of safety

- Triune brain model and trauma
- Bereavement: Not always trauma
- The intersection of trauma, mental health, substance abuse and medical problems

Case studies:

- Brian—Trauma missed
- Mick—“How deep can I bury this?”

Medical vs. Psychiatric Problems: Limiting Harm

“What could kill the patient first?”

- Collaborative care with primary physician
- Medical emergencies that present with psychological symptoms

Signs and symptoms: Limit client harm by recognizing a medical emergency

- Medication-related disorders
- Traumatic Brain Injury (TBI)
- Neurocognitive disorders
- Other neurological illnesses

Case studies:

- Steven and the Zombies—Organic disorders
- “Granny has schizophrenia!”

High Risk Clinicians: After the Crisis

- Protect your license and manage liability
- Documentation: What you need to know
- Debriefing and supervision
- Vicarious trauma
- Addressing compassion fatigue

Case study:

- Dave and me

Limitations and Potential Risks

Live Seminar Schedule

7:30 Registration/Morning Coffee & Tea

8:00 Program begins

11:50-1:00 Lunch (*on your own*)

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

Questions?

Call customer service at **800-844-8260**

Target Audience: Counselors, Social Workers, Psychologists, Case Managers, Addiction Counselors, Marriage & Family Therapists, Nurses, Nurse Practitioners, and other Mental Health Providers

FREE

Cognitive Behavioral Therapy (CBT) for Anxiety

CE Seminar & Worksheet

John Ludgate, PhD

pesi.com/CBTWorksheet

Bring any training in-house!

Convenient • Cost-Effective • Customizable

for more information visit www.pesi.com/inhouse

NON-PROFIT ORG
US POSTAGE PAID
EAU CLAIRE WI
PERMIT NO 32729

PESI, Inc.
P.O. Box 1000
Eau Claire, WI 54702-1000
A division of PESI, Inc.

HIGH RISK CLIENTS

Effectively Handle Five of the Most Critical Scenarios You'll Face as a Clinician

COLUMBUS, OH

Tuesday, August 13, 2019

DAYTON, OH

Wednesday, August 14, 2019

CINCINNATI, OH

Thursday, August 15, 2019



Register now! pesi.com/express/72406

HIGH RISK CLIENTS

Effectively Handle Five of the Most Critical Scenarios You'll Face as a Clinician

- Recognize signs of suicide risk and effectively intervene
- What ALL clinicians need to know about substance use disorders
- The traumatized client: How to help without hurting
- Tactics that help you respond to violent clients
- Strategies to manage liability risk and protect your license

COLUMBUS, OH

Tuesday, August 13, 2019

DAYTON, OH

Wednesday, August 14, 2019

CINCINNATI, OH

Thursday, August 15, 2019



Register now! pesi.com/express/72406

A NON-PROFIT ORGANIZATION CONNECTING KNOWLEDGE WITH NEED SINCE 1979

