OUTLINE

Client Assessment: Ask the Right Questions

Conduct comprehensive assessments

Mini mental status exam

Lethality assessment: Suicide and homicide

Substance use assessment

Trauma assessment

Tips and strategies for eliciting the right information

The Suicidal Client: More than 13 Reasons Why

High-risk populations—who is most at risk? Implicit and explicit expressions of suicidal ideation

Self-injurious behavior and suicidal ideation Suicide assessment and interviews: Ideation, plans, means, intent

What do I do now? —Disposition & safety planning

Why "No-Harm Contracts" are harmful

Breaking client confidentiality

When in doubt, do what?

Hospitalization process

After the ER: When clients are not admitted Case studies:

Michelle—Teenager experiencing suicidal

William—The intersection of substance use, mental illness and suicidality

The Violent Client: Manage Dangerous Situations

Dealing with our fears: Clinicians' safety concerns When the clinician is the target

When others are the target

De-escalation techniques

Preventative planning

Office layout

Keeping good boundaries

Police involvement before a crisis

Safety planning

When to call 911

Hospitalization process

Duty to warn

Case studies:

George—Handle a violent client Dale—Practice duty to warn

The Addicted Client: What ALL Clinicians Need to Know

How misdiagnosis harms clients

Signs of intoxication

Imminent risk: Signs and symptoms of overdose Identify withdrawal syndromes

Accurate diagnosis and treatment matching

Drug basics that clinicians should know:

Opioids and the opioid crisis (heroin, fentanyl and emeraina druas)

Stimulants (cocaine, "bath salts," methamphetamine) Cannabinoids ("shatter," spice)

Other chemicals (DXM, "Special K," Ayahuasca) When and how to refer to a higher level of care

Case studies:

Percy—Opioid crisis in the waiting room Cathy—Bipolar disorder? Think again

The Traumatized Client: Help Without Hurting

Recognize trauma in clients

The risk of misdiagnosis

Dangers of improper treatment Strategies for trauma-informed care

First and foremost: Safety inside and outside the clinic

The role of mindfulness

Go slow...but go

Understand levels of safety

Triune brain model and trauma Bereavement: Not always trauma

The intersection of trauma, mental health, substance abuse and medical problems

Case studies:

Brian—Trauma missed

Mick—"How deep can I bury this?"

Medical vs. Psychiatric Problems: Limitina Harm

"What could kill the patient first?"

Collaborative care with primary physician

Medical emergencies that present with psychological

Signs and symptoms: Limit client harm by recognizing a medical emergency

Medication-related disorders

Traumatic Brain Injury (TBI)

Neurocognitive disorders

Other neurological illnesses

Steven and the Zombies—Organic disorders "Granny has schizophrenia!"

High Risk Clinicians: After the Crisis

Protect your license and manage liability

Documentation: What you need to know Debriefing and supervision

Vicarious trauma

Addressing compassion fatigue

Case study:

Dave and me

Limitations and Potential Risks

Live Seminar Schedule

7:30 Registration/Morning Coffee & Tea

8:00 Program begins

11:50-1:00 Lunch (on your own)

4:00 Program ends

Target Audience: Counselors, Social Workers, Psychologists, Case Managers, Addiction Counselors,

Marriage & Family Therapists, Nurses, Nurse Practitioners, and other Mental Health Providers

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

Questions?

Call customer service at 800-844-8260

Coanitive

Behavioral Therapy (CBT) for Anxiety

CE Seminar & Worksheet

John Ludgate, PhD

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HIGH RISK CLIENTS

Effectively Handle Five of the Most Critical Scenarios You'll Face as a Clinician

COLUMBUS, OH

Tuesday, August 13, 2019

DAYTON, OH

Wednesday, August 14, 2019

CINCINNATI, OH

Thursday, August 15, 2019



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HIGH RISK CLIENTS

Effectively Handle Five of the Most Critical Scenarios You'll Face as a Clinician

- Recognize signs of suicide risk and effectively intervene
- What ALL clinicians need to know about substance use disorders
- without hurting Tactics that help you respond to

The traumatized client: How to help

violent clients Strategies to manage liability risk and protect your license



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Tuesday, August 13, 2019

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A Non-Profit Organization Connecting Knowledge with Need Since 1979

HIGH RISK CLIENTS

Effectively Handle Five of the Most Critical Scenarios You'll Face as a Clinician

Crises are never scheduled, convenient or easy. But they do happen, and you will face them. Clients at risk for crisis often present with so many symptoms and issues, it's hard to know where to start. Many clinicians, anxious about how to proceed, often miss or avoid asking the right questions to effectively intervene and keep clients (and themselves) safe.

As a clinician, have you ever felt:

Worried about the safety of your clients, even feared for their lives, but felt unprepared to handle the situation?

Unsafe in the clinical environment, or unsure of how to handle situations where someone connected to your client might be in danger?

Caught off quard when you're wrapping up a session and a client discloses suicidal thoughts?

Unsure if a client was using drugs and ill equipped to identify the signs and symptoms of drug abuse?

Concerned that you're doing more harm than good for traumatized clients, despite your best

Join David G. Kamen, Ph.D., as he navigates you through five of the most difficult scenarios in mental health today. Through real-life examples and live role plays, David will share the concrete strategies that he's used over the last two decades to safely and effectively intervene in the challenging, urgent, and sometimes alarming situations that mental health professionals face. Full of practical tools and tips, this seminar will teach you to how to make crisis situations more manageable, overcome your worries, and improve your readiness to handle mental health emergencies related to suicide, violence, substance abuse, trauma, and medical issues. Better still, instruction on professional liability management techniques, tips for documentation, and detailed reproducible assessment forms will have you feeling confident that you can focus on doing what's best for your clients without fear of litigation. And, David's guidance is applicable to your work regardless of your setting or clinical background.

Leave this seminar equipped to help your most vulnerable clients with the real-life skills and knowledge they don't teach in graduate school!

SPEAKER

David G. Kamen, Ph.D., is a clinical psychologist licensed in New Hampshire and Massachusetts. In practice since 2001, Dr. Kamen draws from a wide range of experience with high risk populations: community mental health and emergency room services; residential milieu; guardian ad litem family court work; and evaluation of disability claimants for Medicaid, Social Security, and Veterans affairs. For the past 18 years, Dr. Kamen has worked in both solo and group private practice to help clients of all ages who engage in deliberate self-harm/non-suicidal self-injury. Dr. Kamen's experience over the past decade has been furthered with peerreview publication; national speaking engagements; and with adjunct teaching for Argosy, University of the Rockies and Southern New Hampshire University. Forensic investigations for the Ethics Conduct Committee of the New Hampshire Board of Mental Health Practice have furthered Dr. Kamen's concerns for high risk clientele.

Fellowships with The Boston Psychoanalytic Society and Institute and Psychoanalytic Institute of New England have enhanced Dr. Kamen's insights into the narcissistic violence of codependency and gaslighting – perhaps the most dangerous forms of relationship abuse that high-risk clients face. For further information, please visit Dr. Kamen's website, TheGaslightingDr.com., Facebook & Twitter pages; and related mobile app and podcasts, entitled, "Gaslighting Fix;" and look for his latest project, the graphic novel Gaslighting.

Financial: David Kamen has an employment relationship with The Counseling Center of Nashua. He receives a speaking honorarium from PESI, Inc.

Non-financial: David Kamen is a member of the American Psychological Association.



Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

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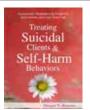


PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. Limited seats available: advanced online registration required.

OBJECTIVES

- 1. Complete a comprehensive mental health assessment that encompasses a multitude of clinical concerns including mental status, lethality, substance abuse and trauma.
- 2. Identify signs of and risk factors for suicidal ideation in clients and effectively respond in order to ensure the safety of the client.
- 3. Recognize indicators of substance intoxication, withdrawal and overdose in clients and establish protocol for responding appropriately.
- 4. Assess for risk of violence in a clinical setting and develop skills to effectively and safely intervene during an acute crisis.
- 5. Examine ways in which client responses to trauma are often misdiagnosed as mental health disorders and consider the clinical implications
- 6. Create accurate and comprehensive documentation of clinical crises to protect all parties involved and minimize liability risks.

SAVE BY INCLUDING THESE PRODUCTS WITH SEMINAR REGISTRATION!



Treating Suicidal Clients & Self-Harm Behaviors

Assessments, Worksheets & Guides for Interventions and Long-Term Care

By Meagan N Houston, Ph.D., SAP

Dr. Meagan N. Houston has created a workbook to prepare you for all the intricacies that affect clients' choices to live or die. Filled with proven assessments, unique worksheets and action-based methods to help your clients navigate and survive the turbulent periods. This complete resource also includes underlying etiology, varying life factors, and mental health concerns that influence suicidal and self-destructive behaviors.



Opioid Use Disorder

A Holistic Guide to Assessment, Treatment, and Recovery

By Charles Atkins, MD



A holistic guide, this practical book provides a wealth of knowledge on the assessment, treatment and recovery from opioid addictions. Dr. Charles Atkins, well-known opioids addiction expert, brings together current research, emerging therapies, and non-drug and integrative strategies to both professionals and the public.

LIVE SEMINAR CONTINUING EDUCATION CREDIT INFORMATION

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendee will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will ontain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in ull attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE" SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch lf your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact epesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice o nental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standard PESI. Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and

ADDICTION COUNSELORS: This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the counseling services skill group. NAADAC Provider #77553, PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance

OHIO CHEMICAL DEPENDENCY PROFESSIONALS: This course has been submitted to the Ohio Chemical Dependency Professionals Board for review. Please contact PESI, Inc. for the most current information.

COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

KENTUCKY COUNSELORS: For the most up-to-date credit information, please go to: www.

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KENTUCKY MARRIAGE & FAMILY THERAPISTS: This course has been submitted to the Kentucky Board of Licensure of Marriage & Family Therapists for review.

NURSES/NURSE PRACTITIONERS/CLINICAL NURSE SPECIALISTS: This activity consist of 6.25 clock hours of continuing education instruction. Credit requirements and approval vary per state board regulations. Please save the course outline, the certificate of completion you receive from this activity and contact your state board or organization to determine specific filing requirement

PSYCHOLOGISTS: This activity consists of 6.0 clock hours of continuing education instruction. The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACCME provider: Alaska. Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, Oklahoma, Pennsylvania, South Carolina and Wisconsin. Certificates of attendance will be issued for you o submit to your state licensing board to recognize for continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance

PESI, Inc. designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity. PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education

KENTUCKY PSYCHOLOGISTS: PESI, Inc. is approved by the Kentucky Board of Examiners of Psychology to offer continuing education for psychologists. PESI maintains responsibility for this program and its content. This activity will qualify for 6.25 contact hours.

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OHIO PSYCHOLOGISTS ONLY: PESI must have your license number on file in order for your hours to be valid. While completing the online post-test/evaluation, please answer YES to the question: "Are you an Ohio Psychologist?" and include your license number when prompted. After completing and passing the online post-test/evaluation, your information vill automatically be sent to cepesi@pesi.com to be filed. If you forget to answer yes, please send an email to cenesi@pesi.com with the following information; full title of the activity. speaker name, date of live broadcast, date you completed the post-test, and your name and vour license number

SOCIAL WORKERS: PESI, Inc., #1062, is approved to offer social work ACE continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are proved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for the course. ACE provider approval period January 27, 2017 - January 27, 2020. Social Workers completing this course receive 6.25 Clinical Practice continuing education credits for completing this course. Course Level: mediate. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation. Full attendance is required; no partial credits will be offered for partial attendance.

OHIO SOCIAL WORKERS/COUNSELORS/MARRIAGE & FAMILY THERAPISTS: PESI, Inc is an approved provider with the State of Ohio Counselor, Social Worker and Marriage & Family Therapist Board. Provider approval #:RCST071001. Full attendance at this course meets the qualifications for 6.25 clock hours of continuing education credit

OHIO PARTICIPANTS ONLY: To be reported to CE Broker, while completing the online post-test/evaluation, please answer YES to the question: "Are you an Ohio Counselor, Social Worker or MFT?" and include your complete license number when you are prompted (i.e. C 123234 P6543 L159 etc.) After completing and passing the online post-test/evaluation your information will automatically be sent to cepesi@pesi.com to be reported. If you forget to answer yes, please send an email to cepesi@pesi.com with the following information; ful title of the activity, speaker name, date of live broadcast, date you completed the post-test. and your name and your license number. Please allow 3-4 weeks for processing.

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We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar

TUITION OPTIONS

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- FREE Military Tuition: PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. Limited seats available; advanced onlin
- \$30 Tuition: If you are interested in being our registration coordinator for the day, go to: www.pesi.com/coord for availability and job description, or call our Customer Service Dept. at 800-844-8260.
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