

Outline

Grounding Self Reflection Exercise

The Therapist and Parent Relationship: Building Alliance

- Parent coaching and support
- Intro to Nurtured Heart Approach®
How to implement with treatment team
Greatness interventions to use with clients and families

Intake for Telehealth – Family and Child Assessment

- Explaining Telehealth to parents
- Pros and cons of tele-play therapy
- Four-part Intake process
- Demonstration and experiential of family intake session
- Family play assessments: Group activity

Play Therapy for Healthy Attachments, Attunement and Regulation

- Neuroscience of attachment
- Attachment-based family interventions
- Play-based interventions to help children regulate mind and bodies

Helping Kids Creatively Navigate Current Events

- Bibliotherapy: Suggested books to use therapeutically
- Story-telling, music, and videos as a tool to teach current events
- Helping parents and therapists when children ask hard questions

Creative Tele-Play Therapy Interventions -Therapeutic powers of play

- Sensory play
- Mindfulness play therapy
- Theraplay
- Nature-based play therapy
- CBT play therapy
- Greatness activities
- A toolbox full of resources for play-based virtual activities

Final Activity

- Self-care mindmap

Benefits/Challenges/Scope of Practice

Objectives

1. Compose ways to explain telehealth to parents and how to prepare for play therapy sessions.
2. Determine how the therapeutic powers of play attribute to effectiveness of play therapy interventions.
3. Design ways play therapy techniques, such as hide and seek, can be used to form healthy attachments with the family in a tele-play therapy setting.
4. Develop the skills needed to teach parents and caregivers how to play with their child and how to make it a part of their daily play therapy routine.
5. Demonstrate the three stands of the Nurtured Heart Approach® and the power of resetting for clinicians and clients.
6. Apply bibliotherapy and storytelling to offer a safe psychological distance from problems and to how it can be used as a teaching tool to explain current events.

Join other hard-working professionals who are already putting this knowledge into practice:

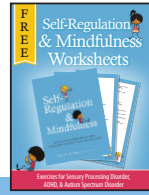
“Loved Tammi’s energy and passion.”

“Thank you Tammi. Your approachable and humble demeanor, as well as your experience, made me feel so fortunate to take part in your class.”

“Great course. A lot of cool new play therapy techniques.”

FREE BONUS OFFER!

Self-Regulation & Mindfulness Worksheets



Access these practical and engaging printable tools at rehab.pesi.com/mindfulnessworksheets

Group Training Solutions Made Easy!

- ONLINE or in-person
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- From 5 to 5000
- CE hours available



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Tele-Play Therapy

Techniques to Help Kids Increase Trust & Safety, Unlock Emotions, Ignite Imagination and Boost Resilience

Live Interactive Webinar

Friday, April 16, 2021

BONUS! – Registration includes FREE on-demand access for 3 months.

REGISTER NOW: pesikids.com/webcast/84746



Join us online, for this live training!

Tele-Play Therapy

Techniques to Help Kids Increase Trust & Safety, Unlock Emotions, Ignite Imagination and Boost Resilience

Featuring Tammi Van Hollander, LCSW, RPT-S

- See how play therapy translates on the screen
- A toolbox full of resources for play-based virtual activities
- Playfully reset and deepen attachments to decrease power struggles
- Help kids creatively navigate current events



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A NON-PROFIT ORGANIZATION CONNECTING KNOWLEDGE WITH NEED SINCE 1979

Tele-Play Therapy: Techniques to Help Kids Increase Trust & Safety, Unlock Emotions, Ignite Imagination and Boost Resilience

Tele-health with kids... impossible? Actually, the kids I've been providing telehealth for have been the most engaged, creative, and enthusiastic clients that I work with... **Kids delight in the excitement of play, and not even a screen can stop their vivid imaginations!**

The screen acts as a safe container to connect with children and families in a way that "zooms" into their lives and homes, to *deepen our understanding of their world and creates a platform to elevate and sustain engagement.* I'll show you how through the screen, you can help kids form healthy attachments, attunement and regulation.

Join me, Tammi Van Hollander, LCSW, RPT-S, to see how seamlessly play therapy translates on the screen, in a webinar filled with developmentally appropriate, fun, play-based interventions to rewire the brain and create a sense of trust and safety in the child's world. *Through tele-play therapy, children learn how to interact with the world around them, communicate with others, problem solve, discover emotions and empathy, ignite their imagination and much, much more!* It has opened us to a new virtual platform where our therapeutic play space can continue to live on.

This program will offer a fresh outlook leaving you and your clients hopeful, encouraged and inspired! Register Today!

Things to have on hand: playdough or clay, journal, blank paper, colored pencils or markers

Live Webinar Schedule (Times listed in Central)

8:00 Program begins
11:50-1:00 Lunch Break
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
 Actual lunch and break start times are at the discretion of the speaker.
 A more detailed schedule is available upon request.



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Meet Your Speaker

Tammi Van Hollander, LCSW, RPT-S, is a licensed clinical social worker, registered play therapist supervisor and owner of Main Line Play Therapy in Bryn Mawr, PA. She is an international speaker and play advocate. Her work and creative interventions in the field of play therapy have been published and internationally recognized. She is an Advanced Certified Trainer for the Nurtured Heart Approach®, a certified FirstPlay® practitioner. Tammi is a founding board member of The World Association for Sand Therapy Professionals. She specializes in sand tray play therapy, sensory integration and attachment, working with children, families, and adults of all ages. She's the author of *Casey's Greatness Wings* and creator of Greatness Sticks® & Greatness Cards. Tammi is a sought-after expert for speaking engagements, podcasts and webinars.

Speaker Disclosure:

Financial: Tammi Van Hollander is the owner of Main Line Therapy, LLC. She receives a speaking honorarium from PESI, Inc.

Non-financial: Tammi Van Hollander is a member of the Association for Play Therapy.

Target Audience:

Play Therapists • School Psychologists • Marriage and Family Therapists • Counselors
 Social Workers • Educators • Occupational Therapists • Occupational Therapy Assistants
 Speech-Language Pathologists • Psychologists

CE CREDITS AVAILABLE FOR LIVE WEBINAR

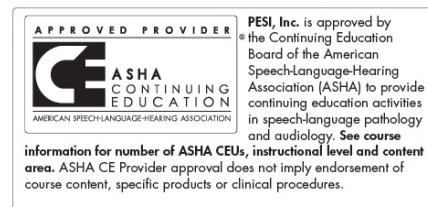
This continuing education activity is designed to meet state board requirements for the following professionals: **Counselors, Educators, Marriage and Family Therapists, Occupational Therapists, Play Therapists, Psychologists, School Psychologists, Speech Language Pathologists, and Social Workers.**

For specific credit approvals and details, visit pesikids.com/webcast/84746

National CE Credit Approvals For Live Webinar

Credits listed are for full attendance at the live webcast only. The CE certificate can be downloaded/printed after completing the webcast and passing the online post-test evaluation (80% passing score). Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

PESI, Inc. is an APT Approved Provider 05-165. Full attendance at this program will qualify for (6.0) hours. Play therapy credit may only be awarded to mental health professionals.



This course is offered for 6 ASHA CEUs (Intermediate level, Professional area).

**** Please note that Speech-Language Pathologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program.**

PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. This activity has been submitted to AOTA for review. Approval pending. For the most up-to-date credit information, please go to: <https://rehab.pesi.com/events/detail/84746>.

Earn up to 6.25 CE Hours for one low price!

ACE PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2020 - January 27, 2023. Social Workers completing this course receive 6.25 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

Self-study credit: To check availability for your profession, go to www.pesikids.com or call 800-844-8260 with your licensing board to verify acceptance of self-study credit for license renewal.

*Content and materials in this course may include interventions and modalities that are beyond the authorized practice of your profession. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

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April 16, 2021 [PWZ84745]

\$219.99 tuition
 8am Central time

Live Webinar Experience:

- Participate live in real-time while connecting and collaborating with peers
- Ask the presenter your questions
- Earn a live CE certificate

FREE BONUS: Replay on-demand access for 90-days after webinar
 *Live CE is only available when viewed live

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On-Demand Digital Seminar (Option 2)

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Digital Seminar Experience:

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 - Earn a self-study CE certificate
- CE hours and approvals may vary from live event. Visit www.pesikids.com or call 800-844-8260 to check for availability.

DVD (Option 3)

\$219.99 [RNV057755]

DVD Experience:

- Self-study CE certificate available
- CE hours, approvals and cost of CE Certificates may vary from live event. Visit www.pesikids.com or call 800-844-8260 to check for availability and pricing

Recommended Reading:



70 Play Activities for Better Thinking, Self-Regulation, Learning & Behavior

Lynne Kenney, Psy.D. & Rebecca Comizio, MA, MA-Ed, NCSPT
\$26.99 \$19.99*



Play Therapy Engaging & Powerful Techniques for the Treatment of Childhood Disorders

Clair Mellenthin, LCSW, RPT-S
\$29.99 \$22.99*

*Discount Included with purchase of the Webinar

OTHER WAYS TO REGISTER

Phone: 800-844-8260

Fax: 800-554-9775

Mail: PESI Kids
 PO Box 1000
 Eau Claire, WI 54702-1000

*If mailing/faxing registration, find form at www.pesi.com/form or call 800-844-8260

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