

## OUTLINE

### Art Therapy:

Which clients benefit from art therapy?  
Ethical implications and limitations of using art therapy in your practice  
Creating products vs creative process  
Go with the flow

### Clinical Application of Art Therapy

What materials to use and when  
Normative development in art making and developmental stages  
Indicators in the artwork that suggest a child needs more support  
Seeing it differently (client perspective)  
Art talk, they made it now what?

### Creative Techniques and Strategies to... Build Relationships & Connection

For ASD, Trauma & ODD

Draw your fears  
Magical thinking  
Safe place drawing  
Playing with the materials  
Building rituals  
Destroy the OCD monster  
Paint the silence

### Build Safety

For Trauma, Anxiety & Mood Disorders  
Connect the dots  
Create a safe place  
Draw a person  
Draw a house  
Draw your feelings  
Play therapy  
Animal family & other family art activities  
Trauma feelings  
Magical thinking  
Wishes

### Build Self-Esteem

For ADHD, Anxiety & Mood disorders  
Inside out  
Mask making  
Body outline  
Safe place  
Fear and empowerment  
Self portraits  
Beading

### Increase Responsibility

For ADHD, Trauma, ASD, ODD, Anxiety & Mood disorders  
Miracle question  
Feeling heart  
Kinetic family drawing  
Bridges  
Cartooning problems & solutions

### Increase Control

For ADHD, Anxiety & Mood disorders  
Paper weaving  
Abstracting painting and collage  
Destroying fears  
Mindful mandalas  
Scribble scrabble  
Gratitude Namaste figure

### Live Seminar & Webinar Schedule

(Times listed in Eastern)

**7:30** Registration/Morning Coffee & Tea  
**8:00** Program begins  
**11:50-1:00** Lunch (*on your own*)  
**4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).  
Actual lunch and break start times are at the discretion of the speaker.  
A more detailed schedule is available upon request.

## OBJECTIVES

1. Evaluate art therapy directives to immediately implement into clinical practice with fidelity to help children regulate their emotions and behavior.
2. Appraise the ethical implications and clinical limitations of using selected art therapy approaches within your scope of practice.
3. Determine the stages of a child's normative development and identify the indicators suggesting a need for additional clinical support.
4. Analyze the benefits of utilizing therapeutic artmaking approaches in assessment, diagnosis, and clinical treatment of mental health disorders.
5. Develop a plan for introducing art into clinical practice for treatment resistant and challenging children and families.
6. Determine the neurobiological implications of using therapeutic art interventions among clients with various diagnoses.



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# ART THERAPY

Creative Interventions for Kids with Trauma, Anxiety, ADHD and More!



Plainview, NY  
Thursday, November 11, 2021

Live Interactive Webinar  
Thursday, November 11, 2021

New York, NY  
Friday, November 12, 2021

Plainview, NY  
Thursday, November 11, 2021

Live Interactive Webinar  
Thursday, November 11, 2021

New York, NY  
Friday, November 12, 2021



We Are Back! Join In Person or Online!

# ART THERAPY

Creative Interventions for Kids with Trauma, Anxiety, ADHD and More!

Interactive hands-on art therapy experiences – Look inside for materials to have on hand.



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# ART THERAPY



Do you work with challenging children and teens who seem absolutely resistant to every intervention you offer? Clients who are stuck, repeating the same patterns over and over and you feel like you're powerless to help them? You know the ones that repeatedly refuse to listen and don't stop to think before they act. Or those who refuse to take responsibility for their behaviors and constantly pass blame onto others? Do they leave you feeling stagnant and burnt out in your practice?

Attend this seminar and learn innovative interventions that will help even your most resistant clients become unstuck. Your day will consist of creative, interactive, hands-on training that will re-energize your work. You will leave with fresh new art strategies and approaches that you can use immediately to engage even your most difficult and challenging clients. These tools are fun and playful. They will offer you an opportunity to refresh yourself as well!

**No art experience is necessary, just an openness to try something creative.**

**Art therapy materials recommended: Crayons, markers or colored pencils, 2 sheets of white and colored paper, glue or glue stick.**

\* Participants will learn how to implement therapeutic art interventions. They will not be certified as an art therapist.

## Target Audience:

Counselors, Social Workers, Psychologists, Case Managers, Psychiatrists, School Psychologists, Marriage and Family Therapists, School Counselors, Occupational Therapists and Occupational Therapy Assistants, Educators, Speech-Language Pathologists and Creative Arts Therapists, Physicians

## Recommended Reading:

Purchase this training for these exclusive savings!



**Art Therapy Card Deck for Children and Adolescents**  
50 Therapeutic Interventions for Challenging Clients Who Shut Down, Meltdown, or Act Out  
**\$19.99 \$14.99**



**Expressive Therapies for Kids**  
An Art, Music, Play and Drama Toolbox for School-Based Counseling  
**\$29.99 \$22.99**

Questions? Visit our FAQ page at [www.pesikids.com/faq](http://www.pesikids.com/faq) or contact us at [www.pesikids.com/info](http://www.pesikids.com/info).

## Can't attend in person? You can still join us!

**Watch live Webinar from your home or office** – Participate live in real-time while connecting and collaborating with peers, ask the presenter questions, earn a live CE certificate, free bonus – replay on demand access for 90 days (live CE is only available when viewed live) **or Watch on-Demand** – learn at your own pace, lifetime access online to content and materials, earn a self-study certificate (CE hours, approvals and cost of CE Certificates may vary from live event, visit [pesikids.com](http://pesikids.com) for availability).

**Have a seminar idea? A manuscript to publish?** The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact **Meg Graf** at [mgraf@pesi.com](mailto:mgraf@pesi.com) or call **715-855-8199**.

## SPEAKER

**Pamela Malkoff Hayes, MFT, ATR-BC**, is a Licensed Marriage and Family Therapist (MFT) in the state of California and a Registered and Board Certified Art Therapist with the American Art Therapy Association (AATA). Her specialties include: alcohol and drug addiction, relationship and parenting, depression and anxiety, grief, LGBTQ, gender identity and sexuality. She is also a court certified Sexual Abuse Evaluator and trained in Hypnotherapy, Eye Movement Desensitization Reprocessing (EMDR) and Emotional Freedom Techniques (EFT).

Over the course of her 25+ year career she has worked in schools, hospitals, prison, foster and residential care, and private practice. She is a noted speaker and educator, lecturing throughout the United States. She has taught art therapy courses at Phillips Graduate University, Rhode Island School of Design (RISD), and Chicago School for Professional Psychology. She has written several books and produced DVDs on Art Therapy. She stars in the video podcast, "3 Minute Art Therapy", and was recently featured on "The Science of Happiness/SoulPancake" as the expert art therapist.

Ms. Malkoff Hayes lives in Los Angeles where she has a private practice and provides art therapy groups to multiple agencies. She has a Bachelor's Degree in fine arts from Parsons School of Design in New York, NY and Otis/Parsons in Los Angeles, CA and a Graduate Degree in marriage and family therapy and art therapy from The Notre Dame de Namur University in Belmont, CA.

Speaker Disclosure:

Financial: Pamela Malkoff Hayes is in private practice. She receives a speaking honorarium from PESI, Inc.

Non-financial: Pamela Malkoff Hayes has no relevant non-financial relationship to disclose.

## Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "The Seminar Schedule" for full attendance start and end times. The CE certificate for the live Webinar can be downloaded after completing the Webinar and passing the online post-test evaluation (80% passing score). NOTE: Boards do not allow credit for breaks or lunch. If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact [cepsi@pesi.com](mailto:cepsi@pesi.com) or 800-726-3888 before the event. Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards. The planning committee and staff who controlled the content of this activity have no relevant financial relationships to disclose. For speaker disclosures, please see speaker bios. PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab, PESI Kids, and Psychotherapy Networker.

**New York Creative Art Therapists:** PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Creative Art Therapists. #CAF-0087. This activity will qualify for 7.5 contact hours. Full attendance is required; no partial credits will be offered for partial attendance.

**Counselors:** This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

**New Jersey Counselors:** CE credit is available. This course consists of 6.0 contact hours of continuing education for New Jersey Counselors. The New Jersey Professional Counselor Examiners Committee (pursuant to N.J.S.A. 13:34-15.4) confirms acceptance of continuing education programs relevant to counseling that are approved by the National Association of Social Workers (NASW). This program is approved by the National Association of Social Workers (Approval #886759332-1924) for 6.0 Social Work continuing education contact hours.

**New York Counselors:** CE credit is available. PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Mental Health Counselors. #MHC-0033. This activity will qualify for 7.5 contact hours. Full attendance is required; no partial credits will be offered for partial attendance.

**Educators/Teachers:** This activity qualifies for 380 minutes of instructional content as required by many national and state licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

**New York Educators:** PESI, Inc. is an approved sponsor of CTLE with the New York State Education Department's (NYSED) Office of Teaching Initiatives. Provider #23567. This activity will qualify for 6.25 Approved Continuing Teacher and Leader Education (CTLE) Hour(s), in the area of Pedagogy. Hours are based on full attendance. Board required certificates will be sent after the program.

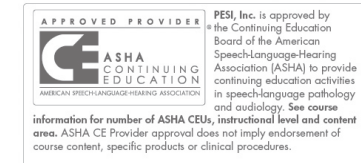
**Marriage & Family Therapists:** This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

**New York Marriage & Family Therapists:** PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Marriage and Family Therapists. #MFT-0024. This activity will qualify for 7.5 contact hours. Full attendance is required; no partial credits will be offered for partial attendance.

**Occupational Therapists & Occupational Therapy Assistants:** PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

**Physicians:** PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. PESI, Inc. designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Psychologists:** This course is for informational purposes only. No continuing education credit is available.



**Speech-Language Pathologists:** This course is offered for .6 ASHA CEUs (Intermediate level, Professional area).

\*\* Please note that Speech-Language Pathologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program.

**Speech-Language Pathologists & Audiologists:** This course contains 6.0 hours of continuing education. It was not offered for ASHA CEUs. Please retain your certificate of completion. If audited for ASHA Certification Maintenance, you can submit this certificate of completion at that time. For state licensure, teacher certification renewal, or other credential renewal, contact those agencies for information about your reporting responsibilities and requirements.

**Social Workers:** PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2020 - January 27, 2023. Social Workers completing this course receive 6.25 Clinical continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

**Social Workers (NASW):** This program is approved by the National Association of Social Workers (Approval #886759332-1924) for 6.0 Social Work continuing education contact hours.

**New Jersey Social Workers:** For the most up-to-date credit information, please go to: [www.pesi.com/events/detail/85877](http://www.pesi.com/events/detail/85877).

**New York Social Workers:** PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0008. This activity will qualify for 7.5 contact hours. Full attendance is required; no partial credits will be offered for partial attendance.

**Other Professions:** This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

For all credit approvals and details, visit: [www.pesikids.com/express/85877](http://www.pesikids.com/express/85877)

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# Art Therapy:

Creative Interventions for Kids with Trauma, Anxiety, ADHD and More!

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**2 Live Training Options** (make copy for your records)

### A SELECT LOCATION

**PLAINVIEW, NY • November 11, 2021** [85877PNV]  
Holiday Inn Plainview-Long Island  
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### 4 Recommended Reading

**\$19.99 \$14.99\*\* Art Therapy Card Deck for Children and Adolescents** [PUB086335]  
 **\$29.99 \$22.99\*\* Expressive Therapies for Kids book** [PUB086120]

\*\*Discount included with purchase of this training. Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR and \$6.95 shipping

### 5 Select Payment Method

**All registrations must be prepaid.**

- Check enclosed payable to **PESI, Inc.**
- Purchase order enclosed (Fed ID # 26-3896894)
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### IN-PERSON SAFETY

As you prepare to make face-to-face learning a part of your professional development, we want you to know that your safety is ALWAYS our top priority. We are fully committed to monitoring and implementing all best practices outlined by state and local regulations.

### ADA NEEDS

We would be happy to accommodate your ADA needs; Please notify us at time of registration.

### SAME DAY REGISTRATION

Walk-ins are welcome but admission cannot be guaranteed. Contact us for space availability if registering within one week of seminar.

### TUITION OPTIONS

- Advance registration required. Cannot be combined with other discounts.*
- **Get a Group Discount!** Contact us at [pesikids.com/info](http://pesikids.com/info) to save for groups of 5 or more
  - **FREE Military Tuition:** Free live seminars for veterans and active duty military, limited seats available, advanced registration online required
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  - **Discounted Student Rate:** 50% off standard tuition on live events for students. Current student schedule with registration form required or visit [www.pesikids.com/students](http://www.pesikids.com/students) for details.

### QUESTIONS

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### TAXES AND SHIPPING

Taxes and shipping apply where applicable, see website for details

### OTHER WAYS TO REGISTER

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